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EDUCATION

University of California, Irvine
Ph.D. in Psychology and Social Behavior, December 2008
Major emphases: Developmental Psychology and Health Psychology
Dissertation: Living with chronic health conditions and functional disabilities: Age differences in affective well-being.

University of California, Irvine
M.A. in Social Ecology, 2004

Ithaca College
B.A. in Psychology and Planned Studies (Writing), 1998, magna cum laude, with honors in both disciplines

PROFESSIONAL POSITIONS

Assistant Professor, California State University, Fullerton, Department of Health Science,
8/12-present

Research Scientist, The Pennsylvania State University, College of Health and
Human Development, 1/09 – 8/12

HONORS AND AWARDS

Funding My Research, California State University, Fullerton, 2012-2013
Young Scholars Award, American Psychosomatic Society, 2012
National Institute on Aging (NIA) Summer Institute on Aging Research, 2009
Excellence in Undergraduate Mentoring, 2007 and 2008, University of California, Irvine
Fellow, Grantmakers in Aging, 2007
Outstanding Service to Students with Disabilities, 2002, Mohawk Valley Community College
C.P. Snow Scholarship Award, 1998, for successful integration of the humanities and sciences, Ithaca College
Campus Life Award, 1998, 1 of 10 students selected from a graduating class of over 1300 for outstanding contributions to the college community, Ithaca College
Sigma-Xi National Research Society, 1998
Phi Kappa Phi Honor Society, 1998
Psi Chi, National Psychology Honor Society, 1998
Outstanding Presentation Award, 1997 and 1998, Eastern Colleges Science Conference
John P. Sheehan Scholarship Award, 1994-1998

FELLOWSHIPS AND GRANTS

Dissertation Writing Fellowship (\$9,217), 2008, University of California, Irvine
Graduate Dean's Dissertation Fellowship (\$5,000), 2008, University of California, Irvine
Fletcher Jones Foundation Fellowship, 2007-2008 (\$27,050), awarded annually to one graduate student campus-wide, who has demonstrated the potential to become a leader in academia, industry, government, or public service, University of California, Irvine
Dissertation Data Gathering Fellowship (\$2500), 2007, University of California, Irvine
Data Collection Funding, (\$600), 2006, University of California, Irvine
Graduate Opportunity Multi-Year Fellowship, 2002-2005, University of California, Irvine
Sigma-Xi Grant-in-Aid-of-Research Award (\$700), 1998
Charles A. Dana Internship Award (\$3000), 1997, Ithaca College

RESEARCH INTERESTS

Gerontological health	Physical health, aging and emotion
Psychobiology of stress	Biopsychosocial processes

PUBLICATIONS

- Charles, S. T., **Piazza, J. R.**, Almeida, D. M., Mogle, J., & Sliwinski, M. (in press). *The wear-and-tear of daily stressors on mental health*. To be published in *Psychological Science*.
- Piazza, J. R.**, Charles, S. T., Stawski, R. S., & Almeida, D. M. (in press). *Age and the association between negative affective states and diurnal cortisol*. To be published in *Psychology and Aging*.
- Piazza, J. R.**, Charles, S. T., Slwinski, M., Mogle, J., & Almeida, D. M. (2013). Affective reactivity to daily stressors and long-term risk of reporting a chronic health condition. *Annals of Behavioral Medicine*, *45*(1), 110-120.
- Piazza, J. R.**, & Charles, S. T. (2012). Affective disorders and age: The view through a developmental lens. In S. K. Whitbourne & M. Sliwinski (Eds.), *The Handbook of Developmental Psychology: Adulthood and Aging* (1st ed., pp. 275-292). Malden, MA: Wiley.
- Almeida, D. M., **Piazza, J. R.**, Stawski, R. S., & Klein, L. C. (2011). The speedometer of life: Stress, health, and aging. In K. W. Schaie & S. L. Willis (Eds.), *The Handbook of the Psychology of Aging* (7th ed., pp. 191-206). Oxford, England: Elsevier.
- Piazza, J. R.**, Almeida, D. M., Dmitrieva, N. O., & Klein, L. C. (2010). Frontiers in the use of biomarkers of health in research on stress and aging. *Journals of Gerontology: Psychological Sciences*, *65*, 513-252.
- Charles, S. T., & **Piazza, J. R.** (2010). Adulthood and aging. In I. B. Weiner & W. E. Craighead (Eds.), *Concise Corsini Encyclopedia of Psychology and Behavioral Sciences* (4th ed., pp. 38-39). New York: Wiley.

- Almeida, D. M., **Piazza, J. R.**, & Stawski, R. (2009). Inter-individual differences and intra-individual variability in the cortisol awakening response: An examination of age and gender. *Psychology and Aging, 24*, 819-827.
- Charles, S. T., & **Piazza, J. R.** (2009). Age differences in affective well-being: Context matters. *Social and Personality Psychology Compass, 3*, 711-734.
- Piazza, J. R.** (2009). Teaching guide for: Age differences in affective well-being: Context matters. *Social and Personality Psychology Compass, 4*, 82-88.
- Charles, S. T., **Piazza, J. R.**, Luong, G., & Almeida, D. M. (2009). Now you see it, now you don't: Age differences in affect reactivity to social tensions. *Psychology and Aging, 24*, 645-653.
- Piazza, J. R.**, Charles, S. T., & Almeida, D. M. (2007). Living with chronic health conditions: Age differences in affective well-being. *Journals of Gerontology: Psychological Sciences, 62*, 313-321.
- Charles, S. T., & **Piazza, J. R.** (2007). Memories of social interactions: Age differences in emotional intensity. *Psychology and Aging, 22*, 300-309.
- Piazza, J. R.**, & Charles, S. T. (2006). Mental health of the Baby Boomers. In S. Krauss-Whitbourne & S. Willis (Eds.). *The Baby Boomers grow up: Contemporary perspectives on midlife* (pp. 111-146). Hillsdale, NJ: Erlbaum.

Conference Proceedings

- Piazza, J. R.** (2008). Protecting vulnerable elders: Justice for victims of elder abuse. In *Breaking away: Charting a new course in aging philanthropy. Proceedings of the Grantmakers in Aging annual conference, October 31-November 2, 2007* (pp. 8-9). Wayne, PA: Strategic Communications and Planning.
- Piazza, J. R.** (2008). Civic engagement: Community experience partnership. In *Breaking away: Charting a new course in aging philanthropy. Proceedings of the Grantmakers in Aging annual conference, October 31-November 2, 2007* (pp. 12-14). Wayne, PA: Strategic Communications and Planning.

MANUSCRIPTS SUBMITTED FOR PUBLICATION

- Stawski, R. S., Cichi, K., **Piazza, J. R.**, & Almeida, D. M. Associations among daily stressors and salivary cortisol: Findings from the National Study of Daily Experiences. Revise and resubmit received from *Psychoneuroendocrinology*.
- Klein, L. C., Whetzel, C. A., **Piazza, J. R.**, Bennett, J. M., Crouter, A. C., Walter, K. M., & Almeida, D. M. Daily salivary DHEA-S patterns among men and women. Manuscript submitted to *Psychoneuroendocrinology*.

MANUSCRIPTS IN PREPARATION

Piazza, J. R., Gruenwald, T. L., Charles, S. T., Karlamangla, A. S., Seeman, T. E., & Almeida, D. M. (in preparation). *Affective reactivity to daily stressors and biomarkers of physical health*.

Klein, L. C., **Piazza, J. R.**, Walter, K. N., Whetzel, C. A., & Almeida, D. A. (in preparation). *Day-to-day variability in number of cigarettes smoked per day: Interpersonal stress matters*.

CONFERENCE PRESENTATIONS AND INVITED TALKS**Peer-Reviewed Presentations**

Piazza, J.R., Charles, S. T., Stawski, R. S., & Almeida, D. M. Affect and cortisol: Age matters. Symposium paper presented at the 2012 annual conference of the Gerontological Society of America, San Diego, CA.

Almeida, D. M., Mogle, J. **Piazza, J. R.**, & Stawski, R. S. (2012, November). *Longitudinal patterns of daily stress processes and diurnal cortisol*. Symposium paper presented at the 2012 annual conference of the Gerontological Society of America, San Diego, CA.

Piazza, J. R., Charles, S. T., Almeida, D. M., Mogle, J., & Slwinski, M. (2012, March). *Reactivity to daily stressors and long-term risk of reporting a chronic health condition*. Paper presented at the annual conference of the American Psychosomatic Society, Athens, Greece.

Charles, S. T., Williams, J., & **Piazza, J. R.** (2012, January). *Age differences in physiological reactivity: Letting go versus holding onto negative experiences*. Symposium paper presented at the annual conference of the Society for Personality and Social Psychology, San Diego, CA.

Piazza, J. R. (2011, December). *Stress, health, and aging: The little things matter*. Invited talk presented to the Department of Health Science, California State University, Fullerton.

Piazza, J. R., Gerstorf, D., & Almeida, D. M. (2011, November). *Perceptions of neighborhood quality and change in psychological well-being over time*. Symposium paper presented at the annual conference of the Gerontological Society of America, Boston, MA.

Mallers, M. H., Charles, S. T., **Piazza, J. R.** (2011, November). *Early parent-child relationships and health outcomes across adulthood: An examination of physiological functioning*. Paper presented at the annual conference of the Gerontological Society of America, Boston, MA.

Piazza, J. R., Charles, S. T., Stawski, R. S., & Almeida, D. M. (2010, November). *Age and the association between daily negative affect and bedtime cortisol*. Paper presented at the annual conference of the Gerontological Society of America, New Orleans, LA.

Almeida, D. M., **Piazza, J. R.**, & Stawski, R. S. *Intra-individual variability in the cortisol awakening response: An examination of age and gender* (2009, November). Symposium paper presented at the annual conference of the Gerontological Society of America, Chicago, IL.

Zoccola, P. M., **Piazza, J. R.**, Quas, J. A., & Yim, I. S. (2009, March). *Trait rumination predicts elevated cortisol responses to an acute psychosocial stressor*. Symposium paper presented at the annual conference of the American Psychosomatic Society, Chicago, IL.

Charles, S. T., **Piazza, J. R.**, & Almeida, D. A. (2008, November). *Examining affective reactivity among people with a spinal cord injury*. Symposium paper presented at the annual conference of the Gerontological Society of America, National Harbor, MD.

Piazza, J. R., Rook, K. S., Charles, S. T., & Newsom, J. (2006, November). *Mixed Blessings: The relationship between social ties and affective well-being among older adults*. Symposium paper presented at the annual conference of the Gerontological Society of America, Dallas, TX.

Piazza, J. R., Charles, S. T., & Almeida, D. (2005, November). *Emotional well-being and reactivity to stressors: The benefits of age in the context of chronic illness*. Symposium paper presented at the annual conference of the Gerontological Society of America, Orlando, FL.

Invited Talks

Piazza, J. R., Charles, S. T., Stawski, R. S., & Almeida, D. M. (2010, December). *Age, emotions, and evening cortisol: Testing the Theory of Strength and Vulnerability Integration (SAVI)*. Paper presented at the Midlife Development in the United States (MIDUS) meeting, Madison, WI.

Piazza, J. R. (2007, November). *Emotional experience across the lifespan: Separating fact from fiction*. Invited address presented at the annual conference of Grantmakers in Aging, San Diego, CA.

Piazza, J. R. (2004, June). *The stability of emotional memories over time*. Paper presented at the Psychology and Social Behavior Colloquium, University of California, Irvine.

Charles, S. T., Dmitrieva, N., Moore, A. L., & **Piazza, J. R.** (2003, October). *Age differences in response to emotional stimuli: A many splendored thing*. Invited address presented at the Psychology and Social Behavior Colloquium, University of California, Irvine.

Piazza, J. R., & Sharma, K. (2000, November). *Teaching about cultural diversity*. Presented at the Saga-Ken Board of Education mid-year seminar, Saga-City, Japan.

Piazza, J. R., & Evans, K. (1999, November). *Coping with stress in a foreign country*. Presented at the Saga-Ken Board of Education mid-year seminar, Saga-City, Japan.

POSTER PRESENTATIONS

Peer-Reviewed Presentations

Klein, L. C., **Piazza, J. R.**, Walter, K. N., Whetzel, C. A., & Almeida, D. A. (2012, March). *Day-to-day variability in number of cigarettes smoked per day: Interpersonal stress matters*. Poster

presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Houston, TX.

- Piazza, J. R.**, Zoccola, P. M., Mackay, J., Dickerson, S. S., & Charles, S. T. (2010, March). *Psychological and physiological reactivity to a social evaluative stressor: The effect of caregiving for a spouse with dementia*. Poster presented at the annual conference of the American Psychosomatic Society, Chicago, IL.
- Piazza, J. R.**, & Charles, S. T. (2008, November). *Living with functional disabilities: Age differences in affective well-being*. Poster presented at the annual conference of the Gerontological Society of America, National Harbor, MD.
- Munoz, E., **Piazza, J. R.**, & Charles, S. T. (2008, November). *Control beliefs when faced with the uncontrollable: Perceptions influence emotional outcomes*. Poster presented at the annual conference of the Gerontological Society of America, National Harbor, MD.
- Piazza, J. R.**, Charles, S. T., & Dickerson, S. S. (2007, November). *Adding insult to injury: How reactivity to an acute stressor varies by level of perceived chronic stress*. Poster presented at the annual conference of the Gerontological Society of America, San Francisco, CA.
- Piazza, J. R.**, & Charles, S. T. (2006, May). *Emotional experience during a life transition: Applying the tenets of Socioemotional Selectivity Theory*. Poster presented at the annual conference of the Association for Psychological Science, New York, NY.
- Piazza, J. R.**, & Charles, S. T. (2005, May). *Age differences in perceptions of emotion regulation*. Poster presented at the annual conference of the American Psychological Society, Los Angeles, CA.
- Piazza, J. R.**, & Charles, S. T. (2004, November). *Remembering emotion: Older adults' experience of relocation*. Poster presented at the annual meeting of the Gerontological Society of America, Washington D.C.
- Rader, N. D., & **Piazza, J. R.** (1999, April). *The effect of reflections on visual cliff avoidance: A tale of two cliffs*. Poster presented at the biennial meeting of the Society for Research in Child Development, Albuquerque, New Mexico.
- Piazza, J. R.**, Quimby, J. M. & Rader, N. D. (1998, February). *A comparative analysis of methods employed in visual cliff studies*. Poster presented at the conference of the Eastern Psychological Association, Boston, MA.

TEACHING INTERESTS

Gerontological Health
Adulthood and Aging
Research Methods

Health Psychology
Biopsychosocial Processes
Writing-intensive courses

TEACHING EXPERIENCE

Instructor of Record

- Spring 2013 Health Science Planning, Research and Evaluation (HESC 475, undergraduate course, two sections, California State University, Fullerton (CSUF))
- Fall 2012 Applied Health Promotion in Aging Populations (HESC 450, undergraduate course, California State University, Fullerton (CSUF))
- Fall 2012 Research Methods in Gerontology (GERO 501, graduate course, CSUF)
- Winter 2009 Life-Span Developmental Psychology (P106, undergraduate course, University of California, Irvine; Teaching effectiveness rating: 6.44 out of 7.00)

Additional Teaching Experience

Teaching Assistant, University of California, Irvine

Research Methods (Fall 2003; Winter 2004; Spring 2004)

Clinical Psychology (Fall, 2005)

Statistics (Winter 2005)

Teaching Assistant, Ithaca College

Developmental Psychology (Fall 1997, Spring 1998)

Writing Tutor, Ithaca College (Fall 1997, Spring 1998)

Tutor/Mentor for at-risk students, Mohawk Valley Community College (4/01-6/02)

Assistant Language Teacher, Japan Exchange and Teaching Program, Saga-City, Japan (7/98-7/00)

Invited Lectures and Presentations to Undergraduates

Emotional experience across the lifespan. Invited lecture for Life-Span Developmental Psychology class at the University of California, Irvine (November, 2009)

The graduate school application process. Invited lecture for Biopsychology Field Study class at the University of California, Irvine (March, 2008)

Stress and health. Invited lecture for Psychology and Emotion course at the University of California, Irvine (February, 2006)

Internships in health. Invited talk at the University of California, Irvine's Career Center (January, 2006)

QUANTITATIVE SKILLS

Statistical Expertise: SPSS, SAS, Multi-Level Modeling

Statistical Coursework: Advanced Data Analysis I and II; Applied Longitudinal Data Analysis, Meta-Analysis, Structural Equation Modeling

PROFESSIONAL AFFILIATIONS

Member of the American Psychosomatic Society

Member of the Association for Psychological Science

Member of the Gerontological Society of America

PROFESSIONAL AND SERVICE ACTIVITIESDepartmental Service

2012 - Current MPH Program Committee, Department of Health Science, CSU
 2012 - Current MPH Comprehensive Exam Committee
 2012 - Current Chair, MPH Colloquia/Workshop Ad Hoc Committee
 2002-2003 Co-Organizer of the Psychology and Social Behavior colloquium series,
University of California, Irvine

University Service

2012 - Current Gerontological Program Committee, CSUF
 2012 - Current Gerontological Curriculum Program Committee, CSUF
 2013 - Current Faculty Hearing Committee
 2013 - Current Steering Committee Member, Institute for Gerontology

Professional Service

2012 - Current Program Co-Chair, American Psychological Association (APA), Division 7
 2012 Symposium Organizer, Gerontological Society of America. Symposium title:
 Stressor accumulation, health and well-being: The effects of adverse, additive
 life experiences.
 2010 Conference Abstract Reviewer, American Psychosomatic Society
 2009 Program Review Committee Member, APA, Division 7

Ad Hoc Reviewer

Aging and Mental Health
Aging, Neuropsychology and Cognition
Annals of Internal Medicine
Emotion
Journal of Research in Personality
Journal of Social and Personal Relationships
Psychology and Aging

REFERENCES

David Almeida, Ph.D.
Professor
The Gerontology Center
Dept. of Human Development and Family Studies
The Pennsylvania State University
114-H Henderson Bldg.
University Park, PA 16802
(814) 865-7686
dma18@psu.edu

Susan T. Charles, Ph.D.
Associate Professor
Dept. of Psychology & Social Behavior
University of California, Irvine
4326 Social & Behavioral Sciences Gateway
Irvine, CA 92697-7085
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Sally S. Dickerson, Ph.D.
Associate Professor
Dept. of Psychology and Social Behavior
University of California, Irvine
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Linda J. Levine, Ph.D.
Professor
Dept. of Psychology and Social Behavior
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