

## Jennifer R. Piazza

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### **EDUCATION**

University of California, Irvine  
Ph.D. in Psychology and Social Behavior, December 2008  
*Major emphases: Developmental Psychology and Health Psychology*  
*Dissertation: Living with chronic health conditions and functional disabilities: Age differences in affective well-being.*

University of California, Irvine  
M.A. in Social Ecology, 2004

Ithaca College  
B.A. in Psychology and Planned Studies (Writing), 1998, magna cum laude, with honors in both disciplines

### **PROFESSIONAL POSITIONS**

Assistant Professor, California State University, Fullerton, Department of Health Science,  
8/12-present

Research Scientist, The Pennsylvania State University, College of Health and  
Human Development, 1/09 – 8/12

### **HONORS AND AWARDS**

*Funding My Research, California State University, Fullerton, 2012-2013*  
*Young Scholars Award, American Psychosomatic Society, 2012*  
*National Institute on Aging (NIA) Summer Institute on Aging Research, 2009*  
*Excellence in Undergraduate Mentoring, 2007 and 2008, University of California, Irvine*  
*Fellow, Grantmakers in Aging, 2007*  
*Outstanding Service to Students with Disabilities, 2002, Mohawk Valley Community College*  
*C.P. Snow Scholarship Award, 1998, for successful integration of the humanities and sciences, Ithaca College*  
*Campus Life Award, 1998, 1 of 10 students selected from a graduating class of over 1300 for outstanding contributions to the college community, Ithaca College*  
*Sigma-Xi National Research Society, 1998*  
*Phi Kappa Phi Honor Society, 1998*  
*Psi Chi, National Psychology Honor Society, 1998*  
*Outstanding Presentation Award, 1997 and 1998, Eastern Colleges Science Conference*  
*John P. Sheehan Scholarship Award, 1994-1998*

**FELLOWSHIPS AND GRANTS**

*Dissertation Writing Fellowship* (\$9,217), 2008, University of California, Irvine  
*Graduate Dean's Dissertation Fellowship* (\$5,000), 2008, University of California, Irvine  
*Fletcher Jones Foundation Fellowship*, 2007-2008 (\$27,050), awarded annually to one graduate student campus-wide, who has demonstrated the potential to become a leader in academia, industry, government, or public service, University of California, Irvine  
*Dissertation Data Gathering Fellowship* (\$2500), 2007, University of California, Irvine  
*Data Collection Funding*, (\$600), 2006, University of California, Irvine  
*Graduate Opportunity Multi-Year Fellowship*, 2002-2005, University of California, Irvine  
*Sigma-Xi Grant-in-Aid-of-Research Award* (\$700), 1998  
*Charles A. Dana Internship Award* (\$3000), 1997, Ithaca College

**RESEARCH INTERESTS**

Gerontological health	Physical health, aging and emotion
Psychobiology of stress	Biopsychosocial processes

**PUBLICATIONS**

- Charles, S. T., **Piazza, J. R.**, Almeida, D. M., Mogle, J., & Sliwinski, M. (in press). *The wear-and-tear of daily stressors on mental health*. To be published in *Psychological Science*.
- Piazza, J. R.**, Charles, S. T., Stawski, R. S., & Almeida, D. M. (in press). *Age and the association between negative affective states and diurnal cortisol*. To be published in *Psychology and Aging*.
- Piazza, J. R.**, Charles, S. T., Sliwinski, M., Mogle, J., & Almeida, D. M. (2013). Affective reactivity to daily stressors and long-term risk of reporting a chronic health condition. *Annals of Behavioral Medicine*, *45*(1), 110-120.
- Piazza, J. R.**, & Charles, S. T. (2012). Affective disorders and age: The view through a developmental lens. In S. K. Whitbourne & M. Sliwinski (Eds.), *The Handbook of Developmental Psychology: Adulthood and Aging* (1<sup>st</sup> ed., pp. 275-292). Malden, MA: Wiley.
- Almeida, D. M., **Piazza, J. R.**, Stawski, R. S., & Klein, L. C. (2011). The speedometer of life: Stress, health, and aging. In K. W. Schaie & S. L. Willis (Eds.), *The Handbook of the Psychology of Aging* (7<sup>th</sup> ed., pp. 191-206). Oxford, England: Elsevier.
- Piazza, J. R.**, Almeida, D. M., Dmitrieva, N. O., & Klein, L. C. (2010). Frontiers in the use of biomarkers of health in research on stress and aging. *Journals of Gerontology: Psychological Sciences*, *65*, 513-252.
- Charles, S. T., & **Piazza, J. R.** (2010). Adulthood and aging. In I. B. Weiner & W. E. Craighead (Eds.), *Concise Corsini Encyclopedia of Psychology and Behavioral Sciences* (4<sup>th</sup> ed., pp. 38-39). New York: Wiley.

- Almeida, D. M., **Piazza, J. R.**, & Stawski, R. (2009). Inter-individual differences and intra-individual variability in the cortisol awakening response: An examination of age and gender. *Psychology and Aging, 24*, 819-827.
- Charles, S. T., & **Piazza, J. R.** (2009). Age differences in affective well-being: Context matters. *Social and Personality Psychology Compass, 3*, 711-734.
- Piazza, J. R.** (2009). Teaching guide for: Age differences in affective well-being: Context matters. *Social and Personality Psychology Compass, 4*, 82-88.
- Charles, S. T., **Piazza, J. R.**, Luong, G., & Almeida, D. M. (2009). Now you see it, now you don't: Age differences in affect reactivity to social tensions. *Psychology and Aging, 24*, 645-653.
- Piazza, J. R.**, Charles, S. T., & Almeida, D. M. (2007). Living with chronic health conditions: Age differences in affective well-being. *Journals of Gerontology: Psychological Sciences, 62*, 313-321.
- Charles, S. T., & **Piazza, J. R.** (2007). Memories of social interactions: Age differences in emotional intensity. *Psychology and Aging, 22*, 300-309.
- Piazza, J. R.**, & Charles, S. T. (2006). Mental health of the Baby Boomers. In S. Krauss-Whitbourne & S. Willis (Eds.). *The Baby Boomers grow up: Contemporary perspectives on midlife* (pp. 111-146). Hillsdale, NJ: Erlbaum.

#### Conference Proceedings

- Piazza, J. R.** (2008). Protecting vulnerable elders: Justice for victims of elder abuse. In *Breaking away: Charting a new course in aging philanthropy. Proceedings of the Grantmakers in Aging annual conference, October 31-November 2, 2007* (pp. 8-9). Wayne, PA: Strategic Communications and Planning.
- Piazza, J. R.** (2008). Civic engagement: Community experience partnership. In *Breaking away: Charting a new course in aging philanthropy. Proceedings of the Grantmakers in Aging annual conference, October 31-November 2, 2007* (pp. 12-14). Wayne, PA: Strategic Communications and Planning.

#### MANUSCRIPTS SUBMITTED FOR PUBLICATION

- Stawski, R. S., Cichi, K., **Piazza, J. R.**, & Almeida, D. M. Associations among daily stressors and salivary cortisol: Findings from the National Study of Daily Experiences. Revise and resubmit received from *Psychoneuroendocrinology*.
- Klein, L. C., Whetzel, C. A., **Piazza, J. R.**, Bennett, J. M., Crouter, A. C., Walter, K. M., & Almeida, D. M. Daily salivary DHEA-S patterns among men and women. Manuscript submitted to *Psychoneuroendocrinology*.

**MANUSCRIPTS IN PREPARATION**

**Piazza, J. R.**, Gruenwald, T. L., Charles, S. T., Karlamangla, A. S., Seeman, T. E., & Almeida, D. M. (in preparation). *Affective reactivity to daily stressors and biomarkers of physical health*.

Klein, L. C., **Piazza, J. R.**, Walter, K. N., Whetzel, C. A., & Almeida, D. A. (in preparation). *Day-to-day variability in number of cigarettes smoked per day: Interpersonal stress matters*.

**CONFERENCE PRESENTATIONS AND INVITED TALKS****Peer-Reviewed Presentations**

**Piazza, J.R.**, Charles, S. T., Stawski, R. S., & Almeida, D. M. Affect and cortisol: Age matters. Symposium paper presented at the 2012 annual conference of the Gerontological Society of America, San Diego, CA.

Almeida, D. M., Mogle, J. **Piazza, J. R.**, & Stawski, R. S. (2012, November). *Longitudinal patterns of daily stress processes and diurnal cortisol*. Symposium paper presented at the 2012 annual conference of the Gerontological Society of America, San Diego, CA.

**Piazza, J. R.**, Charles, S. T., Almeida, D. M., Mogle, J., & Slwinski, M. (2012, March). *Reactivity to daily stressors and long-term risk of reporting a chronic health condition*. Paper presented at the annual conference of the American Psychosomatic Society, Athens, Greece.

Charles, S. T., Williams, J., & **Piazza, J. R.** (2012, January). *Age differences in physiological reactivity: Letting go versus holding onto negative experiences*. Symposium paper presented at the annual conference of the Society for Personality and Social Psychology, San Diego, CA.

**Piazza, J. R.** (2011, December). *Stress, health, and aging: The little things matter*. Invited talk presented to the Department of Health Science, California State University, Fullerton.

**Piazza, J. R.**, Gerstorf, D., & Almeida, D. M. (2011, November). *Perceptions of neighborhood quality and change in psychological well-being over time*. Symposium paper presented at the annual conference of the Gerontological Society of America, Boston, MA.

Mallers, M. H., Charles, S. T., **Piazza, J. R.** (2011, November). *Early parent-child relationships and health outcomes across adulthood: An examination of physiological functioning*. Paper presented at the annual conference of the Gerontological Society of America, Boston, MA.

**Piazza, J. R.**, Charles, S. T., Stawski, R. S., & Almeida, D. M. (2010, November). *Age and the association between daily negative affect and bedtime cortisol*. Paper presented at the annual conference of the Gerontological Society of America, New Orleans, LA.

Almeida, D. M., **Piazza, J. R.**, & Stawski, R. S. *Intra-individual variability in the cortisol awakening response: An examination of age and gender* (2009, November). Symposium paper presented at the annual conference of the Gerontological Society of America, Chicago, IL.

Zoccola, P. M., **Piazza, J. R.**, Quas, J. A., & Yim, I. S. (2009, March). *Trait rumination predicts elevated cortisol responses to an acute psychosocial stressor*. Symposium paper presented at the annual conference of the American Psychosomatic Society, Chicago, IL.

Charles, S. T., **Piazza, J. R.**, & Almeida, D. A. (2008, November). *Examining affective reactivity among people with a spinal cord injury*. Symposium paper presented at the annual conference of the Gerontological Society of America, National Harbor, MD.

**Piazza, J. R.**, Rook, K. S., Charles, S. T., & Newsom, J. (2006, November). *Mixed Blessings: The relationship between social ties and affective well-being among older adults*. Symposium paper presented at the annual conference of the Gerontological Society of America, Dallas, TX.

**Piazza, J. R.**, Charles, S. T., & Almeida, D. (2005, November). *Emotional well-being and reactivity to stressors: The benefits of age in the context of chronic illness*. Symposium paper presented at the annual conference of the Gerontological Society of America, Orlando, FL.

### *Invited Talks*

**Piazza, J. R.**, Charles, S. T., Stawski, R. S., & Almeida, D. M. (2010, December). *Age, emotions, and evening cortisol: Testing the Theory of Strength and Vulnerability Integration (SAVI)*. Paper presented at the Midlife Development in the United States (MIDUS) meeting, Madison, WI.

**Piazza, J. R.** (2007, November). *Emotional experience across the lifespan: Separating fact from fiction*. Invited address presented at the annual conference of Grantmakers in Aging, San Diego, CA.

**Piazza, J. R.** (2004, June). *The stability of emotional memories over time*. Paper presented at the Psychology and Social Behavior Colloquium, University of California, Irvine.

Charles, S. T., Dmitrieva, N., Moore, A. L., & **Piazza, J. R.** (2003, October). *Age differences in response to emotional stimuli: A many splendored thing*. Invited address presented at the Psychology and Social Behavior Colloquium, University of California, Irvine.

**Piazza, J. R.**, & Sharma, K. (2000, November). *Teaching about cultural diversity*. Presented at the Saga-Ken Board of Education mid-year seminar, Saga-City, Japan.

**Piazza, J. R.**, & Evans, K. (1999, November). *Coping with stress in a foreign country*. Presented at the Saga-Ken Board of Education mid-year seminar, Saga-City, Japan.

### *POSTER PRESENTATIONS*

#### *Peer-Reviewed Presentations*

Klein, L. C., **Piazza, J. R.**, Walter, K. N., Whetzel, C. A., & Almeida, D. A. (2012, March). *Day-to-day variability in number of cigarettes smoked per day: Interpersonal stress matters*. Poster

presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Houston, TX.

- Piazza, J. R.**, Zoccola, P. M., Mackay, J., Dickerson, S. S., & Charles, S. T. (2010, March). *Psychological and physiological reactivity to a social evaluative stressor: The effect of caregiving for a spouse with dementia*. Poster presented at the annual conference of the American Psychosomatic Society, Chicago, IL.
- Piazza, J. R.**, & Charles, S. T. (2008, November). *Living with functional disabilities: Age differences in affective well-being*. Poster presented at the annual conference of the Gerontological Society of America, National Harbor, MD.
- Munoz, E., **Piazza, J. R.**, & Charles, S. T. (2008, November). *Control beliefs when faced with the uncontrollable: Perceptions influence emotional outcomes*. Poster presented at the annual conference of the Gerontological Society of America, National Harbor, MD.
- Piazza, J. R.**, Charles, S. T., & Dickerson, S. S. (2007, November). *Adding insult to injury: How reactivity to an acute stressor varies by level of perceived chronic stress*. Poster presented at the annual conference of the Gerontological Society of America, San Francisco, CA.
- Piazza, J. R.**, & Charles, S. T. (2006, May). *Emotional experience during a life transition: Applying the tenets of Socioemotional Selectivity Theory*. Poster presented at the annual conference of the Association for Psychological Science, New York, NY.
- Piazza, J. R.**, & Charles, S. T. (2005, May). *Age differences in perceptions of emotion regulation*. Poster presented at the annual conference of the American Psychological Society, Los Angeles, CA.
- Piazza, J. R.**, & Charles, S. T. (2004, November). *Remembering emotion: Older adults' experience of relocation*. Poster presented at the annual meeting of the Gerontological Society of America, Washington D.C.
- Rader, N. D., & **Piazza, J. R.** (1999, April). *The effect of reflections on visual cliff avoidance: A tale of two cliffs*. Poster presented at the biennial meeting of the Society for Research in Child Development, Albuquerque, New Mexico.
- Piazza, J. R.**, Quimby, J. M. & Rader, N. D. (1998, February). *A comparative analysis of methods employed in visual cliff studies*. Poster presented at the conference of the Eastern Psychological Association, Boston, MA.

### **TEACHING INTERESTS**

Gerontological Health  
Adulthood and Aging  
Research Methods

Health Psychology  
Biopsychosocial Processes  
Writing-intensive courses

### **TEACHING EXPERIENCE**

Instructor of Record

- Spring 2013 Health Science Planning, Research and Evaluation (HESC 475, undergraduate course, two sections, California State University, Fullerton (CSUF))
- Fall 2012 Applied Health Promotion in Aging Populations (HESC 450, undergraduate course, California State University, Fullerton (CSUF))
- Fall 2012 Research Methods in Gerontology (GERO 501, graduate course, CSUF)
- Winter 2009 Life-Span Developmental Psychology (P106, undergraduate course, University of California, Irvine; Teaching effectiveness rating: 6.44 out of 7.00)

#### Additional Teaching Experience

*Teaching Assistant*, University of California, Irvine

Research Methods (Fall 2003; Winter 2004; Spring 2004)

Clinical Psychology (Fall, 2005)

Statistics (Winter 2005)

*Teaching Assistant*, Ithaca College

Developmental Psychology (Fall 1997, Spring 1998)

*Writing Tutor*, Ithaca College (Fall 1997, Spring 1998)

*Tutor/Mentor for at-risk students*, Mohawk Valley Community College (4/01-6/02)

*Assistant Language Teacher*, Japan Exchange and Teaching Program, Saga-City, Japan (7/98-7/00)

#### Invited Lectures and Presentations to Undergraduates

*Emotional experience across the lifespan.* Invited lecture for Life-Span Developmental Psychology class at the University of California, Irvine (November, 2009)

*The graduate school application process.* Invited lecture for Biopsychology Field Study class at the University of California, Irvine (March, 2008)

*Stress and health.* Invited lecture for Psychology and Emotion course at the University of California, Irvine (February, 2006)

*Internships in health.* Invited talk at the University of California, Irvine's Career Center (January, 2006)

#### QUANTITATIVE SKILLS

*Statistical Expertise:* SPSS, SAS, Multi-Level Modeling

*Statistical Coursework:* Advanced Data Analysis I and II; Applied Longitudinal Data Analysis, Meta-Analysis, Structural Equation Modeling

#### PROFESSIONAL AFFILIATIONS

Member of the American Psychosomatic Society

Member of the Association for Psychological Science

Member of the Gerontological Society of America

**PROFESSIONAL AND SERVICE ACTIVITIES**Departmental Service

2012 - Current MPH Program Committee, Department of Health Science, CSU  
 2012 - Current MPH Comprehensive Exam Committee  
 2012 - Current Chair, MPH Colloquia/Workshop Ad Hoc Committee  
 2002-2003 Co-Organizer of the Psychology and Social Behavior colloquium series,  
*University of California, Irvine*

University Service

2012 - Current Gerontological Program Committee, CSUF  
 2012 - Current Gerontological Curriculum Program Committee, CSUF  
 2013 - Current Faculty Hearing Committee  
 2013 - Current Steering Committee Member, Institute for Gerontology

Professional Service

2012 - Current Program Co-Chair, American Psychological Association (APA), Division 7  
 2012 Symposium Organizer, Gerontological Society of America. Symposium title:  
 Stressor accumulation, health and well-being: The effects of adverse, additive  
 life experiences.  
 2010 Conference Abstract Reviewer, American Psychosomatic Society  
 2009 Program Review Committee Member, APA, Division 7

Ad Hoc Reviewer

*Aging and Mental Health*  
*Aging, Neuropsychology and Cognition*  
*Annals of Internal Medicine*  
*Emotion*  
*Journal of Research in Personality*  
*Journal of Social and Personal Relationships*  
*Psychology and Aging*



**REFERENCES**

David Almeida, Ph.D.  
Professor  
The Gerontology Center  
Dept. of Human Development and Family Studies  
The Pennsylvania State University  
114-H Henderson Bldg.  
University Park, PA 16802  
(814) 865-7686  
dma18@psu.edu

Susan T. Charles, Ph.D.  
Associate Professor  
Dept. of Psychology & Social Behavior  
University of California, Irvine  
4326 Social & Behavioral Sciences Gateway  
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Sally S. Dickerson, Ph.D.  
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Dept. of Psychology and Social Behavior  
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Linda J. Levine, Ph.D.  
Professor  
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