

## **CURRICULUM VITAE**

**Debra J. Rose**

Professor, Department of Kinesiology  
California State University, Fullerton  
Fullerton, CA 9834 USA  
Phone: (657) 278-5846  
Fax: (657) 278-5666  
Email: drose@fullerton.edu

## **EDUCATION**

The Pennsylvania State University; University Park, PA  
Doctor of Philosophy Degree; June, 1985  
Kinesiology (Motor Control/Learning)

University of Oregon; Eugene, OR  
Master of Science Degree; June, 1982  
Exercise and Human Movement Studies (Motor Control/Learning)

University of Melbourne; Melbourne, Australia  
Diploma of Physical Education; October, 1975  
Bachelor of Education; October, 1976

## **PROFESSIONAL POSITIONS**

- 2012 – present Director, Institute of Gerontology, California State University, Fullerton, CA.
- 2009 – present Adjunct Professor of Gerontology, Leonard Davis School of Gerontology,  
University of Southern California, Los Angeles, CA.
- 2009 - present Director, Center for Successful Aging, California State University, Fullerton, CA.
- 2005 – present Co-Director, Fall Prevention Center of Excellence, California State University,  
Fullerton, CA.
- 2002- present Professor, Division of Kinesiology and Health Science, California State  
University, Fullerton.
- 2002-2005 Graduate Program Coordinator, Department of Kinesiology, California State  
University, Fullerton, CA.
- 1999 – 2008 Co-Director, Center for Successful Aging, California State University, Fullerton  
CA.
- 2001 – 2004 Professor, Physical Therapy Department, Chapman University, Orange, CA.
- 1998 – 2001 Associate Professor, Department of Kinesiology and Health Promotion,  
California State University, Fullerton, CA.
- 1997 - 1998 Visiting Scholar in Gerontology, California State University, Fullerton, CA.

## PROFESSIONAL POSITIONS

- 1995 - 1997 Graduate Program Coordinator, Department of Exercise and Sport Science, Oregon State University, Corvallis, OR.
- 1993 - 1997 Director, Oregon State University Balance Retraining Program; Oregon State University, Corvallis, OR.
- 1991 - 1997 Associate Professor and Director of Motor Behavior Laboratory, College of Health and Human Performance; Oregon State University, Corvallis, OR.
- 1985 - 1990 Assistant Professor and Director of Motor Behavior Laboratory College of Health and Human Performance; Oregon State University. Corvallis, OR.
- 1982 - 1985 Graduate Research Assistant, Motor Behavior Laboratory The Pennsylvania State University; University Park, PA.

## SCHOLARLY ACTIVITY

### Grants

- Christina, R.W. and Rose, D.J. (1985). The attention demands of precision pistol shooting. National Rifle Association. (Funded: \$3,000).
- Rose, D.J. (1987). The relationship between target-pistol movement and attention demands in precision pistol shooting. National Rifle Association. (Funded: \$3,000).
- Rose, D.J. (1987). Premotor and motor reaction time as a function of age and response complexity. Oregon State University Research Council - Public Health Service Institutional Grant. (Funded: \$8,000).
- Rose, D.J. (1988). An investigation of the relative effectiveness of auditory and visual models in the learning of rapid-fire pistol technique. National Rifle Association. (Funded: \$3,000).
- Rose, D.J. (1988). The application of laptop computers in applied research settings. Faculty Productivity Award, Oregon State University. (Funded: \$2,150).
- Rose, D.J. & Clark, S. (1994). The effectiveness of dynamic balance training in the selection of appropriate automatic postural responses among posturally unstable older adults. Internal Research Grant, Oregon State University. (Funded: \$6,000.00).
- Rose, D.J. & Clark, S. (1995). The Short- and Long-Term Effectiveness of a Customized Balance Retraining Program for "At-Risk" Older Adults. John C. Erkkila, M.D. Endowment for Health and Human Performance, Good Samaritan Hospital. (Funded: \$12,992.00 with matching funds of \$7,500.00 from NeuroCom International. (Amount Funded: \$20,442.00)

## SCHOLARLY ACTIVITY

### Grants

- Rose, D.J. & Allison, L. (1996). Relationships Between Postural Control System Impairments and Disabilities. John C. Erkkila M.D. Endowment for Health and Human Performance. (Amount Funded: \$11,000.00).
- Rose, D.J. and Mullin, C. (Co-Principal Investigators) (1996). Development of a Fall Risk Screening and Fall Prevention Program in a Skilled Nursing Facility. Grant proposal submitted to the John C. Erkkila M.D. Endowment for Health and Human Performance. - (Amount Funded: \$16,000.00).
- Rose, D.J. and Nevue, P. (Co-Principal Investigators) (1996). The Impact of Balance Screening and Training on Total Joint Replacement Patient Outcomes. Grant proposal submitted to the John C. Erkkila M.D. Endowment for Health and Human Performance. (Amount Funded: \$10,020.00).
- Rose, D.J. and Jones, C.J. (1997). Development of a Balance and Mobility Retraining Program at the Lifespan Wellness Clinic, California State University, Fullerton. St. Jude Medical Center. (Amount Funded: \$20,000.00)
- Rose, D.J. and Jones, C.J. (Co-Principal Investigators) (1997). The Ruby Gerontology Center Balance and Mobility Community Outreach Program. Archstone Foundation. (Amount Funded: \$306,000.00).
- Rose, D.J. (1998). Fall Risk Reduction Program for Older adults Residing in Orange County: Collaborative Partnership with St. Jude Medical Center. St. Jude Medical Center. (Amount Funded: \$20,000.00).
- Rose, D.J. (1999-2001). The Short- and Long-Term Effectiveness of a Multidimensional Balance Intervention for Older Adults residing in Assisted Living Facilities. Retirement Research Foundation. (Amount Funded: \$474,342.00).
- Rose, D.J. (2000-2003). The Center for Successful Aging Balance and Mobility Specialist Instructor Certification Program. Archstone Foundation. (Amount Funded: \$330,749.00).
- Rose, D.J. (2004-2009). Fall Prevention Center of Excellence. Archstone Foundation. (Amount Funded: \$1.3 million).
- Rose, D.J. (PI: 2005). Dissemination Research on Fall Prevention: Development and Testing of an Exercise program Package to Prevent Older Adult Falls. Proposal submitted to Centers for Disease Control and Prevention, National Center for Injury Prevention and Control. Amount Requested: \$899,355.00. Not Funded.
- Pynoos, J., Rose, D.J., & Rubenstein, L. (Co-PIs)(2007-2010). Developing California's Fall Prevention Infrastructure Through Model Projects. Archstone Foundation. (Amount Funded: \$600,000.00).

## SCHOLARLY ACTIVITY

### Grants

Rubin, D (PI; 2011-2015). "Physical activity interventions in individuals with Prader Willii Syndrome" (#W81XWH-11-1-0765). Congressionally directed medical research program. US Army medical research and material command. (Amount Funded: \$1,411,718). Role: Co-investigator.

Rose, D.J. (2011-2012). Fall Prevention Center of Excellence. Archstone Foundation. (Amount Funded: \$216,677.00).

Rose, D.J. (2012-2013). Stay Well at Home: A multifactorial fall risk reduction program. Incentive grant, California State University, Fullerton. (Amount Funded: \$10,000.00).

Rose, D.J. (2012 - 2014). Stay well at Home: A Multifactorial Fall Risk Reduction Program. California Wellness Foundation. (Amount Funded: \$150,000.00).

### Consulting Contracts

1999-2000 Contracted to serve as consultant to Mercy Healthcare Hospital, Sacramento, CA. Assist with development of Fall Risk Reduction Program for Geriatric clientele.

2001-2002 Contracted to serve as clinical faculty in Breakthrough Series on Improving Patient Safety within the Veteran's Administration system. Project initiated by VISN 1 Patient Safety Center of Inquiry, Department of Veterans' Affairs, Vermont.

2002-2004 Colorado Wellness Coalition. Contracted to provide consultation and training of instructors to implement FallProof balance and mobility program in Colorado. Provided grantee (C. Katzenmyer) with material for proposal submitted in 2002 (Funded: \$125,000).

2003-2004 Hired as consultant by Center for Community Wellness, University of California, Berkeley to assist with development of Pennsylvania statewide falls prevention initiative.

2003-2004 City of Claremont. Contracted to train peer mentors, perform pre-and post-program assessments, develop medical profiles and complete statistical analysis related to implementation of FallProof program at Joselyn Senior Center, Claremont, CA. Assisted with development of one-year grant submitted to Archstone Foundation by City of Claremont and Joselyn Senior Center. (Funded: \$15,000).

2007 Contracted by The OASIS Institute to develop a balance training curriculum "Better Balance" designed for older adults at low risk for falls as part of a multifactorial fall prevention program. Amount Funded: \$10,000.00

## SCHOLARLY ACTIVITY

### Consulting Contracts

- 2007-2011 Contracted by Sepulveda Research Corporation to conduct functional performance assessments in conjunction with the InSTEP model fall prevention programs at six sites within Orange and Los Angeles counties. Amount funded: \$41,599.00.
- 2010 Contracted by St. Barnabas Senior Services to evaluate the cross-cultural efficacy and adaptability of the InSTEP program. Amount Funded: \$15,000.00.
- 2010-2011. Contracted by California Department of Public Health to evaluate two evidence-based fall risk reduction programs being disseminated in California. Amount Funded: \$20,000.00.

### Books

- Rose, D.J. (1997). A multilevel approach to the study of motor control and learning. Boston: MA. Allyn & Bacon Publishers.
- Rose, D.J. (2003). Fall Proof. A comprehensive balance and mobility program. Champaign, IL: Human Kinetics.
- Rose, D.J. & Christina, R.W. (2006). A multilevel approach to the study of motor control and learning (second edition). San Francisco: Benjamin-Cummings.
- Jones, C.J. & Rose, D.J. (Eds; 2005). Physical activity instruction of older adults. Champaign, IL: Human Kinetics.
- Rose, D.J. (2010) FallProof. A comprehensive balance and mobility program (second edition). Champaign, IL: Human Kinetics.
- Rose, D.J. (Ed; In Progress). Physical activity instruction of older adults (second edition). Champaign, IL: Human Kinetics.

### Book Chapters

- Christina, R.W., Lambert, A.L., and Rose, D.J. (1985). Future directions in psychomotor learning and performance. In J.M. Shemick (Ed.), Perceptual and psychomotor learning in industrial arts education, 34th year book. Bennett & McKnight, Peoria, Ill, 223-246.

## SCHOLARLY ACTIVITY

### Books

- Rose, D.J. (2001). Central Nervous System: Motor Function. In George L. Maddox (Ed), The Encyclopedia of Aging: A comprehensive resource in gerontology and geriatrics, third edition. New York, NY: Springer Publishing Co., 189-191.
- Rose, D.J. (2005). Posture, Balance, and Locomotion. In W. Spirduso, P. MacCrae, & K. Francis, Physical Dimensions of Aging, Champaign, IL: Human Kinetics, 131-155.
- Rose, D.J. (2005). Motor Function, Central Nervous System; update. In Richard Shulz (Ed), The Encyclopedia of Aging: A comprehensive resource in gerontology and geriatrics, fourth edition. New York, NY: Springer Publishing Co.
- Rose, D.J. (2005). Balance and Mobility. In C.J. Jones and D.J. Rose (Eds), Physical Activity Instruction of Older Adults. Champaign, IL: Human Kinetics, 211-227.
- Brown, M. & Rose, D.J. (2005). Flexibility Training. In C.J. Jones and D.J. Rose (Eds), Physical Activity Instruction of Older Adults. Champaign, IL: Human Kinetics, 155-174.
- Jones, C.J. and Rose, D.J. (2005). Introduction to the field of gerokinesiology. In C.J. Jones and D.J. Rose (Eds), Physical Activity Instruction of Older Adults. Champaign, IL: Human Kinetics, 3-10.
- Rose, D.J. (In Press). Aging successfully: Predictors and pathways. In J. Rippe (Ed). Lifestyle Medicine.

### Refereed Publications

- Raymond, J., Shapiro, K. and Rose, D.J. (1984). Optokinetic backgrounds affect perceived velocity during ocular tracking. Perception and Psychophysics, **36**, 3, 221-225.
- Christina, R.W. and Rose, D.J. (1985). Premotor and motor reaction time as a function of response complexity. *Research Quarterly for Exercise and Sport*, **56**, 4, 307-315. (Received Research Writing Award – Research Consortium of American Alliance for Health, Physical Education, Recreation, and Dance (AAHPERD)).
- Rose, D.J. (1988). Choosing between movement sequences: The effect of response-choice similarity upon the underlying programming operations. *Journal of Experimental Psychology: Human Perception and Performance*, **14**, 4, 638-645.
- Parks, S., Rose, D.J. and Dunn, J. (1989). A comparison of fractionated reaction time between cerebral palsied and non-handicapped youth. *Adapted Physical Activity Quarterly*, **6**, 4, 379-388.

## SCHOLARLY ACTIVITY

### Refereed Publications

- Rose, D.J. and Christina, R.W. (1990). Attention demands of precision pistol shooting as a function of skill level. *Research Quarterly for Exercise and Sport*, **61**, 1, 111-113.
- Rose, D.J. and Heath, E.M. (1990). The contribution of a fundamental motor skill to the performance and learning of a complex sport skill. *Journal of Human Movement Studies*, **19**, 75-84.
- Rose, D.J., Heath, E., and Megale, D. (1990). The development of a diagnostic instrument for evaluating tennis serving performance. *Perceptual and Motor Skills*, **71**, 355-363.
- Populin, L., Rose, D.J. and Heath, K. (1991). The role of attention in one-handed catching. *Journal of Motor Behavior*, **22**, 1, 149-158.
- Weiss, M.R., Ebbeck, V. and Rose, D.J. (1992). "Show and tell" in the gymnasium revisited: Developmental differences in modeling and verbal rehearsal effects on motor skill learning and performance. *Research Quarterly for Exercise and Sport*, **63**, 3, 292-301. (Received Research Writing Award – Research Consortium of AAHPERD).
- Hobbel, S.L. and Rose, D.J. (1993). The relative effectiveness of three forms of visual knowledge of results on maximal strength output in an isokinetic extension/flexion of the knee. *Journal of Orthopaedic and Sports Physical Therapy* **18**, 5, 601-608.
- Rose, D.J. and Tyry, T. (1994). The relative effectiveness of visual and auditory models in the early acquisition of rapid-fire pistol technique. *Journal of Human Movement Studies*, **26**, 87-99.
- Rose, D.J. & Clark, S. (1995). The efficacy and transferability of a dynamic balance-training program for "at-risk" older adults. *Proceedings of the 5th Asia/Oceania Regional Congress of Gerontology*, 52-56.
- Clark, S., Rose, D.J., & Fujimoto, K. (1997). Generalizability of the limits of stability test in the evaluation of dynamic balance among older adults. *Archives of Physical Medicine and Rehabilitation*, **78**, 10, 1078-1084.
- Kasser, S., Rose, D.J., Clark, S., & Fujimoto, K. (1999). Dynamic balance retraining: Its effectiveness for adults with multiple sclerosis. *Neurology Report*, **23**, 1, 5-12.
- Maddalozzo, G.F., Stuart, M.E., Rose, D.J., & Cardinal, B.J. (1999). Enhancing chip shot performance in golf: Evaluation of modeled and cuing plus modeled instructional techniques. *International Sports Psychology Journal*, **3**, 2, 66-79.
- Rose, D.J. and Clark, S. (2000). Can the control of bodily orientation be significantly improved in older adults with a history of falls? *Journal of the American Geriatric Society*, **48**, 3, 275-282.

## SCHOLARLY ACTIVITY

### Refereed Publications

- Clark, S. and Rose, D.J. (2001). The generalizability of the limits of stability test in the evaluation of dynamic balance among older adults with a history of falling. Archives of Physical Medicine and Rehabilitation, 82, 4, 468-474.
- Rose, D.J. (2002). Promoting functional independence in older adults at risk for falls: The need for a multidimensional programming approach. Journal of Aging and Physical Activity, 10, 1-19.
- Rose, D.J., Jones, C.J., & Lucchese, N. (2002). Predicting the probability of falls in community-dwelling older adults using the Up and Go: A new test of functional mobility. Journal of Aging and Physical Activity, 10, 466-475.
- Dickin, D. C. & Rose, D.J. (2004). Sensory organization abilities during upright stance in late-onset Alzheimer's type dementia. Journal of Experimental Aging Research, 30, 373-390.
- Pynoos, J., Rose, D.J., Rubenstein, L., Choi, I-H; Sabata, D. (2005). Evidence-based interventions in fall prevention. Home Health Care Services Quarterly, 25, 55-73.
- Rose, D.J., Lucchese, N., & Wiersma, L. (2006). Development of a multidimensional balance scale for use with higher functioning older adults. Archives of Physical Medicine and Rehabilitation, 87, 1478-85.
- Rose, D.J., Alkema, G. E., Choi, I-H., Nishita, C.M., & Pynoos, J. (2007). Building an infrastructure to prevent falls in older Californians. Annals of New York Academy of Sciences, 1114, 170-179.
- Rose, D.J. (2007). The role of physical activity in the prevention of falls in older adults. Paper commissioned by the World Health Organization, Department of Aging and Life Course (ALC) and presented at WHO Technical Meeting on Falls Prevention in Older Age, Victoria, Canada, February, 2007. Available at: [http://www.who.int/ageing/projects/falls\\_prevention\\_older\\_age/en/index.html](http://www.who.int/ageing/projects/falls_prevention_older_age/en/index.html). The commissioned papers formed the basis for the content of the Global Report on Falls Prevention in Older Age published in October, 2007: [http://www.who.int/ageing/publications/Falls\\_prevention7March.pdf](http://www.who.int/ageing/publications/Falls_prevention7March.pdf).
- Rose, D.J. (2008). Aging successfully in the 21<sup>st</sup> century: Does Kinesiology hold the silver bullet? Quest, 60, 105-120.
- Hernandez, D.A., & Rose, D.J. (2008). Predicting which older adults will or will not fall using the Fullerton Advanced Balance (FAB) scale. Archives of Physical Medicine & Rehabilitation, 89 (12), 2309-2315.



## SCHOLARLY ACTIVITY

### Refereed Publications

Rose, D.J. (2008). Preventing falls among older adults: No “one size suits all” intervention strategy. Journal of Rehabilitation Research and Development, *45*, 1153-1166.

Rose, D.J., & Hernandez, D. (2010). The role of exercise in fall prevention of older adults. In Laurence Z. Rubenstein & David A. Ganz (Eds). *Clinics in Geriatric Medicine*, *26* (4), 607-632

Klein, P., Fiedler, R.C., & Rose, D.J. (2010). Rasch analysis of the Fullerton Advanced Balance (FAB) scale. *Physiotherapy Canada*, *63* (1), 115-125.

Rutledge D.N., Cherry B.J., Rose D.J., Rakovski C. & Jones C.J. (2010). Do fall predictors in older adults predict fall status in persons 50+ with fibromyalgia? *Research in Nursing & Health*, *33*, 192-206.

Rose, D.J. (2011). Reducing the risk of falls among older adults: The fallproof balance and mobility program. *Current Sports Medicine Reports*, *10*, 151-156.

Rose, D.J. (2012). Addressing Fall-Related Disability in the Older Adult Population: Bridging Kinesiology Theory, Research, and Practice. *Kinesiology Review*, *1*, 24-31.

Rutledge, D.N., Martinez, A., Traska, T.K., & Rose, D.J. (2012). Fall experiences of persons with fibromyalgia over six months. *Journal of Advanced Nursing*. *69*(2), 435–448. doi: 10.1111/j.1365-2648.2012.06026.x

Rutledge et al (submitted). Is cognitive performance associated with balance in adults 50+ with and without fibromyalgia. Submitted to *Experimental Aging Research*, May, 2012.

### Professional Publications

Rose, D.J. (1987). Contextual interference: A theory deserving application. Journal of the Oregon Alliance of Health, Physical Education, Recreation and Dance. Fall issue.

Rose, D.J. (1989). Teaching a motor skill by part or whole methods: Solving the dilemma. Journal of the Oregon Alliance of Health, Physical Education, Recreation and Dance. Fall issue.

Rose, D.J. (1997). Balance and mobility disorders in older adults. Assessing and treating the multiple dimensions of balance. REHAB Management, December/January issue, 38-41.

Rose, D.J. and Allison, L. (1999). Identifying and managing elderly fallers. Clackamas, OR: NeuroCom Publication.

## SCHOLARLY ACTIVITY

### Professional Publications

- Rose, D.J. (2001). Balance considerations for the older adult athlete. Biomechanics (October Issue).
- Rose, D.J. & Jones C.J. (2002). The IDEAL formula for selecting strength-training equipment for older adults. ADVANCE. (April, 2002 issue).
- Rose, D.J. (2003). Results of Intervention Research: Implications for practice. Generations, 26, 4, 60-65.
- Rose, D.J. (2003). Gait Training for Older Adults. Functional U, 1, 9, 1-5.
- Rose, D.J. (2003). Effect of medication use on balance and mobility. Functional U, 1, 5, 9-11.
- Rose, D.J. (2004). Preventing falls in older Californians: Developing a statewide blueprint. REHAB Management, June issue, 17-21.
- Rose, D.J. (2004). Improving older adults' eye-head coordination. Functional U, 2, 5, 1-10.
- Rose, D.J. (2005). Reducing elders' fall risk with physical activity. Maximizing Human Potential, 12, 4, 2-3, 6.

### Published Refereed Abstracts (and Presentations)

- Rose, D.J., Weiss, M.R., Ebbeck, V. and Hobbel, S.L. (1989). An "On-Target" approach to applied research in motor learning and sport psychology: The two disciplines combine to study adolescent rifle-shooters. Psychology of Motor Behavior and Sport-1989, 22-24.
- Weiss, M.R., Ebbeck, V., and Rose, D.J. (1990). "Show and Tell" in the gymnasium revisited: Developmental differences in modeling and verbal rehearsal effects on motor skill learning and performance. Psychology of Motor Behavior and Sport -1990, 72.
- Adams, D.A., & Rose, D.J. (1994). The relative effectiveness of three instructional strategies in the acquisition of a complex motor skill. Journal of Exercise and Sport Psychology, 16, S26.
- Rose, D.J., Clark, S., & Fujimoto, K. (1995). Dynamic balance training: Does it transfer to gait? Medicine and Science in Sports and Exercise, 27, 5, Supplement.
- Clark, S., Rose, D.J., & Fujimoto, K. (1995). Generalizability of computerized postural dynamography in the evaluation of dynamic balance. Medicine and Science in Sports and Exercise, 27, 5, S5.
- Heath, T., & Rose, D.J. (1995). The effect of contextual interference in the learning of a juggling skill. Journal of Exercise and Sport Psychology, 17, S59.

## SCHOLARLY ACTIVITY

### **Published Refereed Abstracts (and presentations)**

- Kasser, S.L., Rose, D.J., Clark, S., & Fujimoto, K. (1995). Dynamic balance training for individuals with multiple sclerosis: Does it transfer to gait? Journal of Sport and Exercise Psychology, 17, S64.
- Rose, D.J., Clark, S. & Hobbel, S.L. (1995). An evaluation of the effectiveness of machine-based dynamic balance training in promoting better performance of daily activities among older adults with balance problems. Proceedings of the XIIIth World Confederation for Physical Therapy, 369.
- Rose, D.J. & Clark, S. (1995). Measuring the effectiveness of a balance intervention for older adults with a history of falling: A comparison of selected functional and objective tests of balance. Journal of Aging and Physical Activity, 3, 4, 417.
- Stuart, M.E. & Rose, D.J. (1995). The effectiveness of the balance efficacy scale to measure changes in confidence associated with the completion of a balance intervention program. Journal of Aging and Physical Activity, 3, 4, 420.
- Rose, D.J. (1995). Development and implementation of a customized balance-retraining program for at-risk older adults. Journal of Aging and Physical Activity, 3, 4, 432.
- Rose, D.J., Allison, L., & Clark, S. (1996). The role of technology in the screening and treatment of balance and mobility disorders among older adults. The Gerontologist, 36, 1, 57.
- Clark, S., Rose, D.J., Young, B., & Sutton, E. (1996). Can manipulation of support surface constraints influence the development of adaptive postural control? Journal of Sport and Exercise Psychology, 19, S42.
- Clark, S., Young, B., & Rose, D.J. (1996). Generalizability of the Sensory Organization Test. Proceedings of 8th Measurement and Evaluation Symposium, 152.
- Rose, D.J. & Clark, S. (1997). An ecological approach to the rehabilitation of balance and mobility disorders in the geriatric population. Proceedings of the 8th World Congress of the International Rehabilitation Medicine Association, 422.
- Clark, S., Rose, D.J., Young, B., & Sutton, E. (1998). Can manipulation of support surface constraints influence the development of adaptive postural control? Journal of Exercise and Sport Psychology, 20, S47.
- Rose, D.J. & Clark, S. (1998). Can the control of bodily orientation be improved in posturally unstable older adults? A test of the theory of perception and control of bodily orientation. Journal of Sport and Exercise Psychology, 20, S43.

## SCHOLARLY ACTIVITY

### **Published Refereed Abstracts (and presentations)**

- Stuart, M.E. & Rose, D.J. (1998). Balance self-efficacy: Understanding sources of efficacy information used by older adults enrolled in a dynamic balance training program. Journal of Exercise and Sport Psychology, 20, S61.
- Allison, L. & Rose, D.J. (1998). The relationship between postural control system impairments and disabilities in older adults. Physical Therapy, 78, 5, S69-70.
- Rose, D.J. and Dickin, C. (1999). Postural instability and age-related changes in dynamic limits of stability. Journal of Sport and Exercise Psychology, 21, S93.
- Dickin, C. and Rose, D.J. (1999). Effects of aging on dynamic limits of stability. Journal of Sport and Exercise Psychology, 21, S38.
- Rose, D.J., Jones, C.J., Lemon, N., & Bories, T. (1999). The effect of a community-based balance and mobility training on functional performance and balance-related self-confidence in older adults with a history of falls. Journal of Aging and Physical Activity, 7, 3, 265.
- Jones, C.J., Rose, D.J., & Newsome, D. (1999). Comparison of functional fitness status of physically frail and independent older women. Journal of Aging and Physical Activity, 7, 3, 333.
- Rose, D.J., & Lemon, N. (2001). The limits of stability test as a predictor of faller status in community-dwelling older adults. Journal of Sport and Exercise Psychology, 23, S73.
- Rose, D.J. (2001). Reducing fall risk in older adults: There is no quick fix! Gerontologist, 41, 1, 297.
- Rose, D.J. & Dickin, C. (2001). Influence of age and falls-risk in the performance of the step/quick turn test. Gerontologist, 41, 1, 297.
- Dickin, C. & Rose, D.J. (2002). Falling and Alzheimer's disease: Does disease progression increase falls? Journal of Sport and Exercise Psychology, 24, (suppl), S51-52.
- Rose, D.J. (2004). Who falls in which setting and why? Journal of Aging and Physical Activity, 12, 3, 362.
- Rose, D.J. (2004). Reducing fall risk in community-dwelling older adults: A FallProof Method. Journal of Aging and Physical Activity, 12, 3, 402-3.
- de los Santos, R. & Rose, D.J. (2004). Establishing reliability of the Fullerton Advanced Balance Scale (FAB) with non-clinicians. Medicine & Science in Sports and Exercise, 36, 5, S29.
- Rose, D.J. (2004). Identifying risk factors for falls in older adults residing in assisted living settings. Medicine & Science in Sports and Exercise, 36, 5, S181.

## SCHOLARLY ACTIVITY

### Published Refereed Abstracts (and Presentations)

- Theou, O., French, J., Hernandez, D., & Rose, D.J. (2006). Measuring older adult gait speed in community settings using the 30 foot-walk at preferred and maximum speed. *Medicine & Science in Sports and Exercise*, **38**, 5, S330.
- Farrar, K. & Rose, D.J. (2007). The Association between sensory impairment and functional limitations in balance in community-dwelling older adults. *The Gerontologist*, **47** (Special Issue II): 1-839.
- Rose, D.J. and French, J. (2008). Taking it to the water: Balance training programs in aquatic environments can lower the risk factors for falls in high-risk older adults. *Medicine & Science in Sports and Exercise*, **40**, 5, S446.
- Theou O, Hernandez, D., & Rose, D.J. (2008). An investigation of the discriminative validity of the 30-foot walk test as a function of age and gender. *Journal of Aging and Physical Activity*, **16**, S197-198.
- Theou, O., Rose, D.J., & Hernandez, D. (2008). An investigation of the discriminative validity of the 30-foot walk test as a function of age and physical activity level. *Journal of Aging and Physical Activity*, **16**, S208-209.
- Hernandez, D., Rose, D.J., & Theou, O. (2008). Can gait velocity predict which older adults will or will not fall? *Journal of Aging and Physical Activity*, **16**, S209.
- Rose, D.J. & Hernandez, D. (2008, November). Predicting which older adults will or will not fall using a shorter 4-item version of the Fullerton Advanced Balance (FAB) scale. *The Gerontologist*, **48** (Special Issue III): 1-770 doi:10.1093/geront/48.Special\_Issue\_III.1.
- Nguyen, A.D., Rose, D.J., Rubenstein, L., Cicero, C., & Steinman, B. (2008). Choosing the right fall prevention program: One size does not fit all. *The Gerontologist*, **48** (Special Issue III): 1-770 doi:10.1093/geront/48.Special\_Issue\_III.1.
- Hernandez, D., & Rose, D.J. (2008). Can a measure of lower body strength predict faller status in community-residing older adults? *The Gerontologist*, **48** (Special Issue III): 1-770 doi:10.1093/geront/48.Special\_Issue\_III.1.
- Rose, D.J. & Hernandez, D. (2010). Identifying the multiple dimensions of balance that differentiate older adult fallers from non-fallers. *Medicine & Science in Sports and Exercise*, **42**, 5, S 106 [Abstract].
- Rose, D.J., Mouttapa, M., Hummel, T., & Saborio, R. (2011). Efficacy of a fall prevention program delivered to monolingual Korean- and Spanish-speaking seniors. *The Gerontologist*, **47** (Special Issue II): 1-839.

## SCHOLARLY ACTIVITY

### **Published Refereed Abstracts (and Presentations)**

Rose, D.J. (2012, August). Maximising uptake and adherence when implementing an exercise intervention to prevent falls. *Journal of Aging and Physical Activity*, 20, S109.

Rose, D.J. & Montague, J. (2012, August). Advancing whole person wellness for optimal aging: Examples of successful initiatives in senior living and community settings. *Journal of Aging and Physical Activity*, 20, S160. Practical workshop delivered at 8<sup>th</sup> World Congress on Aging and Physical Activity, Glasgow, Scotland, August 15.

Rutledge, D.N., Jones, C.J., Rose, D.J., Cherry, B.J., Aquino, J. (2012, August). Is cognitive performance associated with balance in adults with and without fibromyalgia? *Journal of Aging and Physical Activity*, 20, S143. Oral presentation delivered at 8<sup>th</sup> World Congress on Aging and Physical Activity, Glasgow, Scotland, August 15.

Gouveia, B.R., Jardim, M., Martins, M., Gouveia, E., Freitas, D., & Rose, D.J. (2012, August). Balance and fall risk in community-dwelling older adults from Madeira, Portugal. *Journal of Aging and Physical Activity*, 20, S142.

### **Invited Professional Presentations and/or Workshops - International**

Rose, D.J. & Clark, S. (1995, November). Efficacy and Transferability of a Customized Balance Training Program for "At-Risk" Older Adults. 5th Asia/Oceania Regional Congress of Gerontology. Hong Kong.

Rose, D.J. (1995, November). Identifying the Key Ingredients of Successful Fall Risk Screenings and Balance Training Interventions. Gerontology Section of the Hong Kong Physiotherapy Association, Hong Kong.

Rose, D.J. (1995, November). The Development and Implementation of Fall Risk Reduction Programs for Older Adults. Invited half-day workshop for physical and occupational therapists sponsored by the Hong Kong Physiotherapy Association, Yau Ma Tei Geriatric Day Hospital, Kowloon, Hong Kong.

Rose, D.J. (September, 1996). The Role of Technology in the Assessment and Rehabilitation of Individuals with Disorders affecting the Postural Control System. Invited Seminars sponsored Ultracare, Pty Ltd., Australia.

Bendigo Regional Rehabilitation Center, Victoria - September 2, 1996

Grace Rehabilitation Center, Geelong, Victoria - September 3, 1996

Cedar Court Rehabilitation Center, Melbourne, Victoria - September 4, 1996

St. Andrew's Private Hospital, Brisbane, Australia - September 10, 1996

Royal Prince Alfred Medical Centre, Sydney, Australia - September 11, 1996

## SCHOLARLY ACTIVITY

### **Invited Professional Presentations and/or Workshops - International**

Rose, D.J. (July, 2000). Reducing the Risk for Falls in the Elderly. Invited three-day workshop. 4<sup>th</sup> Annual Victoria Conference, University of Victoria, Victoria, BC. July 14 – 16.

Rose, D.J., (Chair), Jones, C.J., Lucchese, N., Hall, C. (2001, July). Developing and Implementing Community-Based Fall Risk Reduction Programs: Sharing the Hurdles and Highlights. Symposium presented at World Congress in Gerontology, Vancouver, BC.

Rose, D.J. (2004, August). Who Falls in Which Setting and Why? Invited paper presented at 6<sup>th</sup> World Congress on Aging and Physical Activity, London, Ontario.

Rose, D.J. (2004, August). Preventing Falls in Community Settings: A FallProof Method. Invited paper presented at 6<sup>th</sup> World Congress on Aging and Physical Activity, London, Ontario.

Rose, D.J. (2004, August). Creating Cutting Edge FallProof Programming. Invited paper presented at Canadian Fitness Professionals Association annual conference and exhibition, Toronto, CA.

Rose, D.J. (2005, October). Extending the continuum of care for older adult fallers in community-based settings. Invited keynote presentation at International Symposium titled "Fall Prevention: Diagnosis and Intervention. Friedrich-Alexander-Universitat, Erlangen-Nurnberg, Germany, October 7-8.

Rose, D.J. (2007, February). The role of physical activity in the prevention of falls in older adults. Paper presented at the World Health Organization, Department of Aging and Life Course (ALC) Technical Meeting on Falls Prevention in Older Age, Victoria, Canada, February, 11-14.

Rose, D.J. (2007, March). Aging successfully: The role of physical activity. Invited Keynote Address, KPEAW International Symposium, Gaschon University of Medicine and Science, Seoul, Korea, March 31.

Rose, D.J. (2007, April). Preventing Falls: One Step at a Time. Invited keynote presentation. Filex annual conference, Sydney, Australia, April 21.

Rose, D.J. (2012, February). Applying a constraints-led approach to the evaluation and treatment of older adults with balance and mobility disorders. Invited presentation (via teleconference) sponsored by Canadian Physiotherapy Association, February 8.

Rose, D.J. (2012, July). Reducing Fall Risk as a Pathway to Whole Person Wellness. Invited workshop sponsored by Geratech, Cape Town, South Africa.

## SCHOLARLY ACTIVITY

### **Invited Professional Presentations and/or Workshops - International**

Rose, D.J. (2012, August). Maximising uptake and adherence when implementing an exercise intervention to prevent falls. Invited presentation delivered as part of an invited symposium titled "Enhancing participation in exercise interventions for the prevention of falls" chaired by S.R. Nyman. The 8<sup>th</sup> World Congress on Aging and Physical Activity, Glasgow, Scotland, August 15.

Rose, D.J. (2008, July). Preventing falls among older adults: There is no one size suits all physical activity intervention. Keynote address presented at 7<sup>th</sup> World Congress on Aging and Physical Activity, Tsukuba, Japan, (July 27).

Rose, D.J. (1985, July). Application of average-evoked potentials to the study of psychomotor speed and aging. Paper presented at the 2nd International Conference on Physical Activity, Aging and Sports, West Point Military Academy, West Point, NY.

Rose, D.J. (1994, August). "Help I'm falling and I don't know why!" Workshop presented at the Oregon State University Mini-College for Adults.

### **Invited Professional Presentations and/or Workshops - National**

Rose, D.J. (1994, October). Advances in Balance Research. Users workshop sponsored by NeuroCom International, Hood River Inn, Hood River, OR.

Rose, D.J. (1996, February). Dynamic Balance Training: Does It Transfer? University of North Carolina at Greensboro. School of Health and Physical Education.

Rose, D.J. (1996, February). "Fall Prevention and Rehabilitation". Invited One Day Workshop for physical and occupational therapists sponsored by Pacific University Continuing Education program.

Rose, D.J. (1996, May). "Fall Prevention and Rehabilitation". Invited One Day Workshop for physical and occupational therapists sponsored by Pacific University Continuing Education program. (First course overenrolled - second workshop offered).

Rose, D.J. & Allison, L. (September, 1996). Falling in the Elderly. Practical Information on a Prevalent Problem. Invited two-day seminar for physical and occupational therapists, nurses and, physicians treating older adult populations. Sponsored by Wahl & Associates, San Diego, CA. Seminar conducted at the Ruby Gerontology Center, California State University at Fullerton, September 20-21, 1996.

Rose, D.J. & Trueblood, P. (October, 1996). Balance and Gait. Keys to Success in the Elderly Adult Population. Invited one day workshop sponsored by Henningsen & Associates, EdgeTech Medical, & Mobility Research.



## SCHOLARLY ACTIVITY

### Invited Professional Presentations and/or Workshops - National

- Rose, D.J. ( November, 1996). Falling in the Elderly: Diagnosis and Intervention. One-day workshop sponsored by NovaCare Geriatric Rehabilitation, Springfield, OR.
- Rose, D.J., & Allison, L. (March 22-23, 1997). Falling in the Elderly. Practical Information on a Prevalent problem. Two day workshop sponsored by Wahl and Associates, O'Conner Hospital, San Jose, CA.
- Rose, D.J., & Trueblood, P. (April, 1997). Balance and Gait. Keys to Success in the Elderly Adult Population. One day workshop sponsored by Henningsen and associates, Edgetech Medical, and Mobility Research, Seattle, WA.
- Rose, D.J. (May 7, 1997). Techniques, Tools and Training - Balance. Invited paper presented at the Washington/Oregon Association of Senior Center's Spring Conference. Hood River, OR.
- Rose, D.J., & Allison, L. (July 12-13, 1997). Diagnosis and Treatment of Balance and Mobility Disorders among older Adult Populations. Two day workshop sponsored by Rehab Technologies, Inc., Dartmouth-Hitchcock Medical Center, NH.
- Rose, D.J. (August, 1997). An Ecological Approach to the Assessment and Treatment of Balance and Gait Disorders among Older Adult Populations. Physical Therapy Department, Midwestern University, Downer's Grove, ILL.
- Rose, D.J., & Allison, L. (December 8-10, 1997). Falling in the Elderly. Practical Information on a Prevalent Problem. Three-day workshop sponsored by Advances in Clinical Education Continuing Education Co., Vail, CO.
- Rose, D.J. (January 17-18, 1998). Falling in the Elderly. Diagnosis and Intervention. Two-day workshop sponsored by Pacific Rim Education Network, Virginia Mason Hospital, Seattle, WA.
- Rose, D.J. and Allison, L. (March 28-29, 1998). ). Falling in the Elderly. Practical Information on a Prevalent Problem. Two-day workshop sponsored by Wahl and Associates, Kirksville College of Osteopathic Medicine, Phoenix, AZ.
- Rose, D.J. (April 3, 1998). Applying Motor Learning Theory and Principles to Physical Therapy. Physical Therapy Department, Chapman University, Orange, CA.
- Rose, D.J. and Allison, L. (April, 11-12, 1998). Falling in the Elderly. Practical Information on a Prevalent problem. Two-day workshop sponsored by Wahl and Associates, Long Beach Memorial Hospital, CA.
- Rose, D.J. and Burton, J. (May 2-3, 1998). Falling in the Elderly. Practical Information on a Prevalent problem. Two-day workshop sponsored by Wahl and Associates, University of Texas, Austin.

## SCHOLARLY ACTIVITY

### **Invited Professional Presentations and/or Workshops - National**

Rose, D.J. and Allison, L. (May 30-31, 1998). Falling in the Elderly. Practical Information on a Prevalent problem. Two-day workshop sponsored by Wahl and Associates, Chicago, ILL.

Rose, D.J. (June, 1998). Can the controllability of the action system be improved in posturally unstable older adults? A test of the theory of perception and action. Invited speaker in symposium on Developmental Studies of Balance. Co-speakers included M. Woollacott; E. Keshner; N.B. Alexander (Reactor). North American Society for the Psychology of Sport and Physical Activity Annual Meeting, St. Charles, Illinois.

Rose, D.J. (July 24-25, 1998). Falling in the Elderly. Diagnosis and Intervention. Two-day workshop sponsored by Pacific Rim Education Network, Sacred Heart Hospital, Eugene, OR.

Rose, D.J. and Allison, L. (July 11-12, 1998). Falling in the Elderly. Practical Information on a Prevalent problem. Two-day workshop sponsored by Wahl and Associates, Denver, CO.

Rose, D.J. and Burton, J. (August, 28-29, 1998). Balance and Fall Risk Reduction. Two-day workshop sponsored by Advances in Clinical Education. Dallas, TX.

Rose, D.J. and Allison, L. (August 7-8, 1998). ). Falling in the Elderly. Practical Information on a Prevalent Problem. Two-day workshop sponsored by Advances in Clinical Education. Jackson, MISS.

Rose, D.J. (August 14-15, 1998). Falling in the Elderly. Diagnosis and Intervention. Two-day workshop sponsored by Orange County Chapter of the American Physical Therapy Association. Ruby Gerontology Center, Fullerton, CA.

Rose, D.J. (September 12, 1998). A Systems Approach to the Diagnosis and Treatment of Older Adults with Balance and Mobility Disorders. Invited paper presented at the Kaiser Permanente 8<sup>th</sup> Annual Physical and Occupational Seminar. Lakewood, CA.

Rose, D.J. and Burton, J. (September 18-19, 1998). Balance and Fall Risk Reduction. Two-day workshop sponsored by Advances in Clinical Education. Fort Lauderdale, FL.

Rose, D.J. and Allison, L. (September 26-27, 1998). Falling in the Elderly. Practical Information on a Prevalent Problem. Two day workshop sponsored by Wahl and Associates, Fort Worth, TX.

Rose, D.J. (October 10-11, 1998). Falling in the Elderly. Diagnosis and Intervention. Two-day workshop sponsored by Pacific Rim Education Network, Continental Rehabilitation Hospital, San Diego, CA.

Rose, D.J. and Allison, L. (October 23-24, 1998). Falling in the Elderly. Practical Information on a Prevalent Problem. Two-day workshop sponsored by Advances in Clinical Education, Charlotte, NC.

## SCHOLARLY ACTIVITY

### **Invited Professional Presentations and/or Workshops - National**

- Rose, D.J. (November 27-28, 1998). Falling in the Elderly. Diagnosis and Intervention. Two-day workshop sponsored by Pacific Rim Education Network, Puyallup, WA.
- Rose, D.J. and Allison, L. (November 6-7, 1998). Falling in the Elderly. Practical Information on a Prevalent Problem. Two-day workshop sponsored by Advances in Clinical Education, Valley Forge, PA.
- Rose, D.J. (February 20-21, 1999). Assessment and Treatment of Balance and Mobility Disorders. Two-day workshop sponsored by Rogue Medical Center. Medford, OR.
- Rose, D.J. (March 13-14, 1999). Falling in the Elderly: Diagnosis and Intervention. Invited two-day workshop at Annual Conference of the Oregon Physical Therapy Association. Portland, OR.
- Rose, D.J. and Allison, L. (March 26-27, 1999). Falling in the Elderly. Practical Information on a Prevalent Problem. Two-day workshop sponsored by Advances in Clinical Education, Chicago, ILL.
- Rose, D.J. and Allison, L. (April 30-1, 1999). Falling in the Elderly. Practical Information on a Prevalent Problem. Two-day workshop sponsored by Advances in Clinical Education, Baltimore, MD.
- Rose, D.J. (May 7-8, 1999). Developing Effective Fall Risk Reduction Programs. Two-day workshop sponsored by Department of Kinesiology, California State University, Sacramento.
- Rose, D.J. and Burton, J. (May 21-22, 1999). Balance and Fall Risk Reduction. Two-day workshop sponsored by Advances in Clinical Education. San Antonio, TX.
- Rose, D.J. (July 30-31, 1999). Balance and Fall Risk Reduction: Assessment and Treatment Techniques. Two-day workshop sponsored by Mercy Healthcare Hospital, Sacramento, CA.
- Rose, D.J. and Burton, J. (August 6-7, 1999). Balance and Fall Risk Reduction. Two-day workshop sponsored by Advances in Clinical Education. Tampa, FL.
- Rose, D.J. (August, 1999). Improving the Functional Independence of Community-Dwelling Older Adults: The Need for a Multidimensional Programming Approach. Invited speaker in symposium titled "Muscular Fitness for Bone Health and Independent Lifestyle." Co-Speakers included: Joan Basse (Chair), Miriam Nelson, Wendy Kohrt. 5<sup>th</sup> World Congress on Physical Activity, Aging, and Sports. August 10-14, Orlando, FL.
- Rose, D.J. and Burton, J. (September 10-11, 1999). Balance and Fall Risk Reduction. Two-day Workshop sponsored by Advances in Clinical Education. St. Louis, MO.

## SCHOLARLY ACTIVITY

### **Invited Professional Presentations and/or Workshops - National**

Rose, D.J. (September 12, 1999). Diagnosis and Treatment of Older Adults with Balance and Mobility Disorders. Invited one-day workshop sponsored by NeuroCom, International, Kaiser Permanente, Riverside, CA.

Rose, D.J. and Burton, J. (November 12-13, 1999). ). Balance and Fall Risk Reduction. Two-day workshop sponsored by Advances in Clinical Education. Nashville, TN.

Rose, D.J. (December 4-5, 1999). Falling In the Elderly: Advanced Techniques In Diagnosis and Intervention. Invited two-day workshop sponsored by Pacific Rim Education Network, Fullerton, CA.

Rose, D.J. (January, 2000). The Center for Successful Aging: Promoting Health, Vitality and Wellness In the Golden Years. Saddleback College Distinguished Guest Lecture Series, Laguna Hills, CA.

Rose, D.J. (February, 2000). The Specifics of Transfer. Invited speaker in symposium titled "Task Specific and Transfer-Appropriate Processing Approaches to Rehabilitation." Co-Speakers included: Carolee Winstein (Moderator), Mike Majsak. Annual Combined Sections Meeting of the American Physical Therapy Association, New Orleans, LA, February 1-5, 2000.

Rose, D.J. (March, 2000). No More Falls: The Research Perspective. Invited speaker in symposium titled "No More Falls! American Society on Aging Annual Conference, San Diego, CA. March 25-28.

Rose, D.J. (June, 2000). Falling in the Elderly: Unavoidable or preventable? Invited presentation to medical personnel at Pomona Valley Hospital, Pomona, CA.

Rose, D.J. and Allison, L. (September, 2000). Reducing the Risk for Falls in the Elderly. Strategies for Success. Invited two-day workshop sponsored by IBIS/Advances in Clinical Education, Valley Forge, PA.

Rose, D.J. (October, 2000). The Center for Successful Aging Balance and Mobility Training Program. A Model for Fall Risk Reduction? Invited presentation. Mt. San Antonio Gardens Residential Care Facility, Claremont, CA.

Rose, D.J. (October, 2000). The Center for Successful Aging Balance and Mobility Training Program. A Model for Fall Risk Reduction? Invited presentation. Redwood Terrace Residential Care Facility, Escondido, CA.

Rose, D.J. and Burton, J. (December, 2000). Differential Diagnosis and Treatment of Dizziness and Balance Disorders. Invited two-day workshop. Utah Chapter of the American Physical Therapy Association. Part City, Utah.

## SCHOLARLY ACTIVITY

### Invited Professional Presentations and/or Workshops - National

- Rose, D.J. (January, 2001). National Perspectives on Patient Safety and Fall Prevention. Keynote presentation at the Promoting Patient Freedom and Safety: Preventing Falls Conference. Sponsored by VISN 8 Patient Safety Center of Inquiry, James A. Haley Veterans' Hospital. St. Petersburg Beach, FL.
- Rose, D.J. (June, 2001). Training of the Physically Active Older Adult. Invited workshop sponsored by the National Athletic Trainers' Association. NATA Annual Meeting and Clinical Symposia, Los Angeles, CA.
- Rose, D.J. (June, 2001). Balance Considerations for the Older Adult Athlete. Invited workshop sponsored by the National Athletic Trainers' Association. National Athletic Training Association Annual Meeting and Clinical Symposia, Los Angeles, CA.
- Rose, D.J. (July, 2001). Assessment and Treatment of Balance and Mobility Disorders in the Older Adult Patient. Invited two-day workshop. Sponsored by VISN 8 Patient Safety Center, Department of Veterans Affairs. Tampa, FL.
- Rose, D.J. and Burton, J. (August, 2001). Differential Diagnosis and Treatment of Dizziness and Balance Disorders. Invited two-day workshop sponsored by Wahl and Associates. Ruby Gerontology Center, Fullerton, CA.
- Rose, D.J. (2002, March). Balance considerations and training of the physically active older adult. Invited presentation at Sixteenth Annual Sports Medicine Symposium, Valley Hospital Sports Institute, Ridgewood, New Jersey.
- Rose, D. J. (2002, March). Balance considerations for the aging athlete. Post-Symposium Workshop presented at Sixteenth Annual Sports Medicine Symposium, Valley Hospital Sports Institute, Ridgewood, New Jersey.
- Rose, D.J. (2004, February). Balance in Action. Paper presented at "Vitality and Fitness Summit." Pasadena, CA.
- Rose, D.J. (2004, March). Falls and fall related injuries: Are they inevitable consequences of aging? Invited scholar paper presented at the University of West Florida, Pensacola, FL.
- Rose, D.J. (2004, April). Fall Prevention Interventions: Strategies and Model Programs. Invited paper presented at one-day symposium titled "Falls Prevention: A national, state and local perspective". Joint conference of American Society on Aging/National Council on Aging, San Francisco, CA.

## SCHOLARLY ACTIVITY

### **Invited Professional Presentations and/or Workshops - National**

- Rose, D.J. (2004, April). Best Practices in Fall Prevention: Exercise. Mini-workshop presented at one-day symposium titled "Falls Prevention: A national, state and local perspective". Joint conference of American Society on Aging/National Council on Aging, San Francisco, CA. Co-presenters included S. Wolf, P. Buchanan.
- Rose, D.J. (2004, June). Developing Community-Based Balance and Mobility Programs. Invited paper presented at American Physical Therapy Association annual conference, Chicago, IL. Symposium chaired by P. Trueblood, P.T., PhD.; co-presenter, C. Hall, P.T., PhD.
- Rose, D.J. (2004, August). Preventing Falls as We Age: A FallProof Method. Keynote Presentation at Age Dynamics sponsored conference, Rockwood Community, Spokane, WA.
- Rose, D.J. (2004). Developing the exercise prescription for the frail older adult. Invited paper presented at "Exercise and Wellness for Older Persons" conference. Ruby Gerontology Center, California State University, Fullerton. Conference sponsored by the Department of Veterans Affairs, Greater Los Angeles Healthcare System, July 23.
- Rose, D.J. (2004). Fall Reduction in Assisted and Independent Living. Invited paper presented at National Risk Management Forum "Beyond the Basics: Strategies for Success. Conference sponsored by ECRI, Chicago, IL, October 7-8.
- Rose, D.J. (2004). Fallproof Balance and Mobility Programming. Paper presented at the International Council on Active Aging annual conference, Orlando, Florida (November 11).
- Rose, D.J. (2004). Designing the balance and mobility component of an exercise class for older adults: Beyond the one-legged stance. Paper presented at International Council on Active Aging annual conference, Orlando, Florida (November 12).
- Rose, D.J. (2005). Continued education in specialty instruction areas. Paper presented in symposium chaired by C. Jessie Jones, American College of Sports Medicine annual conference, Nashville, TN (June 1-4).
- Rose, D.J. (2005, May). Physical Activity Interventions for Fall Risk Reduction. Invited presentation at American Occupational Therapy Association Pre-Conference Institute on Fall Prevention. Long Beach, CA.
- Rose, D.J. (2005, June). Beyond the Basics: Balance and Mobility Instructor Specialist Training. Paper presented as part of symposium (Chair: C Jessie Jones) at American College of Sports Medicine Annual Conference, Nashville, Tennessee.

## SCHOLARLY ACTIVITY

### **Invited Professional Presentations and/or Workshops - National**

- Rose, D.J. (2005, September). Fall prevention: Best Practices. Invited paper presented at California Association for Adult Day Services annual conference, Palm Springs, CA., September 22.
- Rose, D.J. (2005, November). "Nuts and Bolts" of assessing and programming for older adults with balance and mobility disorders. Invited workshop presented at International Council on Active Aging annual conference, Orlando, FL., November 30.
- Rose, D.J. (2006, June). Invited paper presented at Falls and Fracture Prevention Initiative Retreat. Erickson Foundation, Baltimore, MD.
- Rose, D.J. (2006, September). The role of physical activity in reducing falls: Best practices for seniors at home. Teleconference delivered in Professional Development Series. Co-sponsored by Visiting Nurses Association and Lifeline, September 26.
- Rose, D.J. (2006, November). Raising the Professional Bar: Implementing the International Curriculum Guidelines. Chair, symposium presented at International Council on Active Aging annual conference, Las Vegas, NV, November 16.
- Rose, D.J. (2006, November). Balance and Mobility 101: Preventing falls one step at a time. Invited workshop, International Conference on Active Aging annual conference, Las Vegas, NV. November 17.
- Rose, D.J. (2007, February). Preventing falls among older adults: There is no one size fits all program! Invited presentation, Department of Medicine, University of California, Irvine, Orange, CA., February 6.
- Rose, D.J. (2007, February). Fall Prevention Programming. Invited paper presented at Life Care Services annual conference, San Diego, CA., February 28.
- Rose, D.J. (2007, March). Predictors of Successful Aging. Invited paper presented at Morningside Continuing Life Retirement Community, Fullerton, CA., March 7.
- Rose, D.J. (2007, March). Aging successfully: The role of physical activity. Invited paper delivered at California Wellness Foundation conference on healthy aging, San Francisco, CA.
- Rose, D.J. (2007, May). Fall prevention and physical activity. Invited paper presented at the Senior Injury Prevention annual conference, Oakland, CA., May 9.
- Rose, D.J., & Hernandez, D.A. (2007, June). An examination of the predictive properties of the Fullerton Advanced Balance (FAB) scale. Paper presented at American College of Sports Medicine annual conference, New Orleans, LA, June 1.

## SCHOLARLY ACTIVITY

### Invited Professional Presentations and/or Workshops - National

- Rose, D.J. (2007, September). Aging successfully in the 21<sup>st</sup> century: Does Kinesiology hold the silver bullet? Invited paper presented at American Academy of Kinesiology and Physical Education annual conference, Savannah, GA. September, 22.
- Rose, D.J. (2007, October). Designing and implementing balance and mobility programs for older adults: A fallproof method. Invited workshop presented at American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR) annual conference, Salt Lake City, UT., October 17.
- Rose, D.J. (2007, October). Aging successfully: The role of physical activity. Invited Keynote Speaker, Hawaii State Department of Health Annual Conference titled Fall Prevention: Implementing What Works, Honolulu, HI., October 23.
- Rose, D.J. (2007, October). Reducing the risk for falls among older adults: A fallproof method.” Invited presentation at Hawaii State Department of Health Annual Conference titled Fall Prevention: Implementing What Works, Honolulu, HI., October 23.
- Rose, D.J. & French. J. (2007, November). Taking it to the water: Introducing Fallproof H2O. Paper presented at the International Council on Active Aging annual conference, Orlando. FL., November 30.
- Rose, D.J. (2007, December). State of the art in fall prevention: Promising program models. Invited presentation delivered at The California Fall Prevention Summit: Progress, Challenges and Next Steps. Long Beach, CA., December 5-6.
- Rose, D.J. (2008, February). Fall prevention assessment and programming for older adults. Invited workshop sponsored by Kisco Senior Living, Austin, TX., February 22-23.
- Rose, D.J. (2008, February). Preventing Falls: It's a Matter of Balance. Paper presented at the National Fibromyalgia Support Group meeting, Kaiser hospital, Anaheim, CA., February 28.
- Rose, D.J. (2008, March). Advancing California's Fall Prevention Initiative. Presentation as part of symposium. American Society on Aging/National Council on the Aging Annual Conference, Washington D.C., March 28, 2008.
- Rose, D.J. (2008, April). Fall Prevention: Implementing What Works! Invited keynote address delivered at Tennessee Department of Health Fall Prevention Conference, Nashville, TN, April 17.
- Rose, D.J. (2008, April). Evidence-based exercise interventions to prevent falls. Invited presentation at 9<sup>th</sup> Annual Transforming Fall Prevention Practices Conference sponsored by VISN 8 Patient Safety Center, Veterans Administration, Clearwater Beach, FL, April 22.



## SCHOLARLY ACTIVITY

### **Invited Professional Presentations and/or Workshops - National**

- Rose, D.J. (2008, April). Fall Prevention Programs: Implementing what Works! Invited paper presented at District X Senior Services Network meeting, Anaheim Senior Center, April 29.
- Rose, D.J. (2008, May). Selecting the right fall risk reduction program: There is no one size suits all program. Distinguished faculty presentation at The Queen's Medical Center Conference on Geriatric Medicine, Kaneohe, Hawaii, May 22.
- Rose, D.J. (2008, May). Using fall risk screening and assessment tools to predict fall risk and evaluate program effectiveness. Invited presentation at The Queen's Medical Center Conference on Geriatric Medicine, Kaneohe, Hawaii, May 22
- Rose, D.J. (2008, June). Screening for Falls and Motivating Older Adults in Acute Care And Community-Based Settings to Exercise. Invited paper co-sponsored by New England Geriatric Education Center and Dartmouth-Hitchcock Medical Center, Lebanon, NH, June 5.
- Rose, D.J. (2008, June). Exercise Compliance and Fall Risk Reduction: Motivating Older Adults. Invited paper presented at "Evidence-based Falls Risk Reduction in the Elderly: Next Steps in Assessments and Interventions", New Hampshire Falls Risk Reduction Task Force Annual Conference, Keene, NH, June 6.
- Rose, D.J. (2008, June). Translating Research into Practice: Lessons from California. Invited paper presented at "Evidence-based Falls Risk Reduction in the Elderly: Next Steps in Assessments and Interventions", New Hampshire Falls Risk Reduction Task Force Annual Conference, Keene, NH, June 6.
- Rose, D.J. (2008, December). Assessing and programming for older adults with balance problems: What's new? Invited one-day workshop presented at International Council on Active Aging annual conference, San Antonio, TX, December 3.
- Rose, D.J. & French, J. (2008, December). Fallproof H<sub>2</sub>O. Invited seminar presented at International Council on Active Aging annual conference, San Antonio, TX, December 5.
- Rose, D.J. (2009, March). Educational Approaches. Paper presented as part of Invited one-day symposium titled "Fall prevention: Translating knowledge into action". Aging in America annual conference, Las Vegas, NV, March 18.
- Rubenstein, L., Rose, D.J., & Kramer, J. (2009, March). InSTEP model and process evaluation. Paper presented as part of Invited one-day symposium titled "Fall prevention: Translating knowledge into action". American Society on Aging/National Council on Aging annual conference, Las Vegas, NV, March 18.

## SCHOLARLY ACTIVITY

### **Invited Professional Presentations and/or Workshops - National**

Rose, D.J. (2009, March). Motivating older adults to engage in physical activity. Keynote presentation delivered at Wellness by Design Activity Symposium sponsored by The Health Trust, Santa Clara, CA, March 27.

Rose, D.J. (2009, June). Keeping older adults moving well: Identifying the key determinants. Invited presentation at 18<sup>th</sup> Annual Interdisciplinary Conference sponsored by Alberta Health Services, Calgary, CN, June 11.

Rose, D.J. (2009, June). No one size suits all Fall intervention strategies. Invited presentation at 18<sup>th</sup> Annual Interdisciplinary Conference sponsored by Alberta Health Services, Calgary, CN, June 11.

Rose, D.J. (2010, June). The Fallproof program: Promoting balance and mobility in older Americans. Paper presented as part of invited symposium titled: Translating exercise programs targeting fracture risk factors into community settings. (Chair: K. Winters-Stone). American College of Sports Medicine 57<sup>th</sup> Annual Meeting and Inaugural World Congress on Exercise is Medicine™, Baltimore, MD, June 2.

Rose, D.J. (2010, July). Evidence-based exercise prescription: Balance and fall prevention. Invited presentation at Exercise and Physical Activity in Aging Conference: Blending Research and Practice sponsored by American Physical Therapy Association, Section on Geriatrics, Indianapolis, IN, July 29-31.

Rose, D.J. (2010, December). A Fallproof Method for Addressing Balance Disorders in Older Adults. Invited one-day workshop, International Council on Active Aging annual conference, San Diego, CA, December 1-4.

Rose, D.J. (2010, December). "Linkages across community interventions and clinical care practice. Invited presentation, Falls Prevention Expert Panel Meeting sponsored by the Center for Disease Control and Prevention, Decatur, GA, December 14-15.

Rose, D.J. (2011, April). ????? Paper presented as part of symposium at Aging in America annual conference of the American Society on Aging, San Francisco, CA, April 26-30.

Rose, D.J. (2011, September). Risk assessment and referral process for falls evidence based interventions. Invited presentation at Fall Prevention Grantee and Partners Technical Assistance Meeting sponsored by the Center for Disease (CDC) Control National Center for Injury Prevention (NCIPC), Division of Injury Response (DIR), and Division of Unintentional Injury Prevention (DUIP).

## SCHOLARLY ACTIVITY

### **Invited Professional Presentations and/or Workshops - National**

Rose, D.J. (2011, September). Other Strategies and Interventions for Fall prevention: Fallproof. Invited presentation at Fall Prevention Grantee and Partners Technical Assistance Meeting sponsored by the Center for Disease (CDC) Control National Center for Injury Prevention (NCIPC), Division of Injury Response (DIR), and Division of Unintentional Injury Prevention (DUIP).

Rose, D.J. (2011, October). Addressing Fall-Related Disability in the Older Adult Population: Bridging Theory, Research, and Practice. Invited paper presented at the National Academy of Kinesiology annual conference, Minneapolis, MN, October 14-17.

Rose, D.J. and Montague, J. (2012, December). Advancing Whole Person Wellness for Optimal Aging. One-day workshop presented at the International Council on Active Aging annual conference, New Orleans, LA, November 28-December 1.

### **Invited Professional Presentations and/or Workshops – Regional**

Rose, D.J. (2005, September). Invited presentation titled “Falls prevention: Best Practices” at the 28<sup>th</sup> annual conference of the California Association for Adult Day Services, Palm Springs, CA, September 22.

Rose, D.J. (2006, May). Invited Keynote presentation at Sixth Annual Senior Injury Prevention Conference sponsored by Senior Injury Prevention Partnership, Irvine, CA, May 18.

Rose, D.J. (2008, April). Evidence-based Multifactorial Interventions to Prevent Falls. Invited presentation delivered at C4A Fall Prevention Conference, San Jose, CA., April 14.

Rose, D.J. (2008, May). Evidence-based interventions to prevent falls: Implementing what works! Senior Injury Prevention annual conference, Sacramento, CA. May 14.

Rose, D.J. (2009, March). FallProof. Invited showcase presentation. Wellness by Design Activity Symposium sponsored by The Health Trust, Santa Clara, CA, March, 27.

Rose, D.J. (2010, August). Strategies for Reducing falls in older adults. Invited presentation , Central County Senior & Caregiver Summit, Garden Grove, CA, August 7.

Rose, D.J. (2011, November). A multidisciplinary approach for maintaining independence. Invited presentation delivered at Falls Prevention in Older Adults: A Multidisciplinary Approach to Maintaining Independence conference sponsored by the University of California San Francisco, Northern California Geriatric Education Center, and Institute on Aging, November, 9.

## SCHOLARLY ACTIVITY

### **Invited Professional Presentations and/or Workshops - Regional**

Rose, D.J. (2011, November). Environments: Keeping places safe and reducing risk. Invited presentation delivered at Falls Prevention in Older Adults: A Multidisciplinary Approach to Maintaining Independence conference sponsored by the University of California San Francisco, Northern California Geriatric Education Center, and Institute on Aging, November, 9.

Rose, D.J. (2012, March). A Healthy Body Promotes a Healthy Mind and Spirit. Invited paper presented at the North Orange County Senior Summit, Laguna Woods, CA, March 23.

Rose, D.J., Montague, J., Piazza, W. (2012, May). Advancing Whole Person Wellness Workshop, Ruby Gerontology Center, California State University, Fullerton, CA, May 22-24.

Rose, D.J. (2012, June). Reducing Fall Risk as a Pathway to Whole Person Wellness. Invited paper presented at the North Orange County Senior Summit, Fullerton, CA, June 9.

### **Scientific Presentations (Peer Reviewed)**

Rose, D.J. (1986, June). Choosing between movement sequences: The effect of response-choice similarity. Paper presented at the North American Society for the Psychology of Sport and Physical Activity annual conference, Scottsdale, Arizona.

Rose, D.J. (1987, April). The attention demands of precision pistol shooting. Paper presented at the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD) national conference, Las Vegas, Nevada.

Rose, D.J. and Populin, L. (1988, June). Dual-task processing: A test of the functional capacity view of attention. Paper presented at the North American Society for the Psychology of Sport and Physical Activity annual conference, Knoxville, Tennessee.

Rose, D.J. (1989, April). An investigation of the relationship between target pistol movement and the distribution of attention in precision pistol shooting. Paper presented at the American Alliance for Health, Physical Education, Recreation and Dance national conference, Boston, MA.

Rose, D.J., Heath, E., Wood, T.M. and Megale, D. (1989, April). The development of a diagnostic instrument for the evaluation of tennis serving form. Paper presented at the American Alliance for Health, Physical Education, Recreation and Dance national conference, Boston, MA.

Rose, D.J.(Chair), Weiss, M.R., Ebbeck, V. and Hobbel, S. (1989, June). An "on-target" approach to applied research in motor learning and sport psychology. Symposium presented at the North American Society for the Psychology of Sport and Physical Activity annual conference, Kent State University, Ohio.

## SCHOLARLY ACTIVITY

### Scientific Presentations (Peer Reviewed)

- Rose, D.J. and Heath, E. (1989, October). The contribution of a fundamental motor skill to the performance and learning of a complex sport skill. Paper presented at the Canadian Society for Psychomotor Learning and Sport Psychology annual conference, Victoria, B.C.
- Hobbel, S. and Rose, D.J. (1990, March). The relative effectiveness of three forms of visual knowledge of results on maximal strength output in an isokinetic extension/flexion of the knee. Paper presented at the American Alliance for Health, Physical Education, Recreation and Dance National Conference, New Orleans, Louisiana.
- Rose, D.J. (Chair), Weiss, M.R., Ebbeck, V. and Hobbel, S. (1990, March). An integrated approach to the study of cognitive-psychological variables which influence actual and perceived outcomes among adolescent rifle-shooters. Symposium presented at the American Alliance for Health, Physical Education, Recreation and Dance national conference, New Orleans, Louisiana.
- Weiss, M.R., Ebbeck, V., & Rose, D.J. (1990, June). "Show and tell" in the gymnasium revisited: Developmental differences in modeling and verbal rehearsal effects on motor skill learning and performance. Paper presented at the North American Society for the Psychology of Sport and Physical Activity annual conference, Houston, Texas.
- Rose, D.J. and Tyry, T. (1991, June). The relative effectiveness of visual and auditory models in the early acquisition of rapid-fire pistol technique. Paper presented at the North American Society for the Psychology of Sport and Physical Activity annual conference, Asilomar, California.
- Rose, D.J. (1993, August). "Why Can't Jill Throw as Well as Jack? A Case of Biology or Environment?" Paper presented at the XIIth International Conference for Women and Children in Sport, Melbourne, Australia.
- Adams, D.L. & Rose, D.J. (1994, June). The Relative Effectiveness of Three Instructional Strategies in the Acquisition of a Complex Motor Skill. Paper presented at the North American Society for the Psychology of Sport and Physical Activity annual conference, Clearwater, Florida.
- Rose, D.J., Clark, S., & Fujimoto, K. (1995, May). Dynamic Balance Retraining: Does it transfer? Paper presented at the American College of Sports Medicine Annual Meeting, Minneapolis, MN.
- Clark, S., Rose, D.J., & Fujimoto, K. (1995, May). Generalizability of computerized postural dynamography in evaluation of dynamic balance. Paper presented at the American College of Sports Medicine Annual Meeting, Minneapolis, MN.
- Heath, T., & Rose, D.J. (1995, June). The effect of contextual interference in the learning of a juggling skill. Paper presented at the Annual Conference of the North American Society for the Psychology of Sport and Physical Activity. Asilomar, CA.

## SCHOLARLY ACTIVITY

### Scientific Presentations (Peer Reviewed)

- Kasser, S.L., Rose, D.J., Clark, S., & Fujimoto, K. (1995, June). Dynamic balance training for individuals with multiple sclerosis: Does it transfer to gait? Paper presented at the North American Society for the Psychology of Sport and Physical Activity annual meeting, Asilomar, CA.
- Rose, D.J., Clark, S. & Hobbel, S. (1995, June). An evaluation of the effectiveness of machine-based dynamic balance training in promoting better performance of daily activities among older adults with balance problems. Paper presented at the XIIth World Confederation for Physical Therapy Congress, Washington DC.
- Rose, D.J. (1995, October). Development and Implementation of a Customized Balance Retraining Program for At-Risk Older Adults. Roundtable discussion presented at the International Conference on Aging and Physical Activity, Colorado Springs, CO.
- Rose, D.J. & Clark, S. (1995, October). Measuring the effectiveness of a balance intervention for older adults with a history of falling: A comparison of selected functional and objective tests of balance. Poster presented at the International Conference on Aging and Physical Activity, Colorado Springs, CO., October 5-8.
- Clark, S., Rose, D.J., Young, B., & Sutton, E. (1996, May). Can manipulation of support surface constraints influence the development of adaptive postural control? Paper presented at North American Society for the study of Sport and Physical Activity (NASPSPA) annual conference, Denver, CO.
- Clark, S., Young, B., & Rose, D.J. (1996, October). Generalizability of the Sensory Organization Test. Paper presented at the 8th International Measurement Symposium, Corvallis, OR., October 24 - 26.
- Rose, D.J. (Chair), Allison, L., & Clark, S. (1996, November). The Role of Technology in the Screening and Treatment of Balance and Mobility Disorders among Older Adults. Symposium presented at the 49th Annual Scientific Meeting of the Gerontological Society of America Council, Washington, D.C.
- Clark, S., Rose, D.J., Young, B., & Sutton, E. (1987, June). Can manipulation of support surface constraints influence the development of adaptive postural control? Paper presented at the North American Society for the Psychology of Sport and Physical Activity annual conference, St. Charles, IL.
- Stuart, M.E. and Rose, D.J. (1998, June). Balance self-efficacy: Understanding sources of efficacy information used by older adults enrolled in a dynamic balance training program. Paper presented at the North American Society for the Psychology of Sport and Physical Activity annual conference, St. Charles, IL.

## SCHOLARLY ACTIVITY

### Scientific Presentations (Peer Reviewed),

Allison, L. and Rose, D.J. (1998, June). The relationship between postural control system impairments and disabilities in older adults. Paper presented at the American Physical Therapy Association annual conference, Orlando, FL.

Rose, D.J. & Dickin, C. (1999, June). Postural instability and age-related changes in dynamic limits of stability. Paper presented at the North American Society for the Psychology of Sport and Physical Activity annual conference, Clearwater Beach, FL.

Dickin, C. & Rose, D.J. (1999, June). Effects of aging on dynamic limits of stability. Paper presented at the North American Society for the Psychology of Sport and Physical Activity annual conference, Clearwater Beach, FL.

Rose, D.J., Jones, C.J., Lemon, N., & Bories, T. (1999, August). The effect of a community-based balance and mobility training on functional performance and balance-related self-confidence in older adults with a history of falls. Paper presented at the 5<sup>th</sup> World Congress on Physical Activity, Aging, and Sports, Orlando, FL.

Jones, C.J., Rose, D.J., And Newsome, D. (1999, August). Comparison of functional fitness status of physically frail and independent older women. Paper presented at the 5<sup>th</sup> World Congress on Physical Activity, Aging, and Sports, Orlando, FL.

Rose, D.J. (2000, November). Assessing functional fitness for at risk older adults: Implications for program planning. Paper presented at Gerontological Society Annual Scientific Meeting, Washington, D.C.

Rose, D.J., Jones, C.J., & Lemon, N. (2001, March). Effectiveness of a fall risk reduction program for older adults with arthritis. Paper presented at first joint conference of the American Society on Aging/National Council on Aging, New Orleans, LA.

Lemon, N., Rose, D.J., & Jones, C.J. (2001, March). Predicting faller status in community-dwelling older adults. Paper presented at first joint conference of the American Society on Aging/National Council on Aging, New Orleans, LA.

Jones, C.J., Rose, D.J., & Lemon, N. (2001, March). The "eight-foot up and go" as a measure of dynamic balance and mobility in older adults. Paper presented at first joint conference of the American Society on Aging/National Council on Aging, New Orleans, LA.

Rose, D.J., & Lemon, N. (2001, June). The limits of stability test as a predictor of faller status in community-dwelling older adults. Paper presented at the North American Society for the Psychology of Sport and Physical Activity annual conference, St. Louis, MO.

## SCHOLARLY ACTIVITY

### Scientific Presentations (Peer Reviewed)

Ebbeck, V. & Rose, D.J. (2001, October). The effect of a fall risk reduction program on the self-concept of older adults. Paper to be presented at the Association for the Advancement of Applied Sport Psychology annual conference. Orlando, FL.

Rose, D.J. (2001, November). Reducing Fall Risk in Older Adults: There is no quick fix! Paper presented at the Gerontological Society of America annual conference. Chicago, IL.

Dickin, C. & Rose, D.J. (2001, November). Influences of age and falls-risk in the performance of the step/quick turn test. Paper presented at the Gerontological Society of America annual conference. Chicago, IL.

Rose, D.J. (2003, March). The Fullerton Advanced Balance Scale: Validation of an early identification tool. Paper presented at National Council on Aging –American Society on Aging Joint Conference, Chicago, IL.

Rose, D.J. (2003, March). Introducing FallProof: A model community outreach fall risk reduction program. Mini-workshop presented at National Council on Aging –American Society on Aging Joint Conference, Chicago, IL.

Rose, D.J., Trueblood, P., Hall, C. (2003, July). Developing group-based fall risk reduction programs for seniors at risk of falling. Symposium presented at American Physical Therapy Association annual conference, Chicago, IL, July 7.

de los Santos & Rose, D.J. (2004, June). Establishing reliability of the Fullerton Advanced Balance Scale (FAB) with Non-Clinicians. Paper presented at American College of Sports Medicine Annual Meeting, Indianapolis, IN.

Rose, D.J. (2004, June). Identifying risk factors for falls in older adults residing in assisted living settings. Paper presented at American College of Sports Medicine Annual Meeting, Indianapolis, IN.

Rose, D.J. (2004, June). Developing group-based fall risk reduction programs for seniors at risk of falling. Symposium presented at American Physical Therapy Association Annual Conference and Exposition, Chicago, IL. Co-presenters included P. Trueblood (Chair), and C.Hall.

Theou, O., French, J., Hernandez, D., & Rose, D.J. (2006, June). Paper presented at American College of Sports Medicine Annual Meeting, Denver, CO.

Rose, D.J. (2006, June). "Getting your manuscript published: The Editorial Process." Paper presented as part of symposium chaired by M. Weiss. North American Society for the Psychology of Sport and Physical Activity annual meeting, Denver, CO, June 1-3.



## SCHOLARLY ACTIVITY

### Scientific Presentations (Peer Reviewed)

- Rose, D.J. (2007, March). Fall Prevention: Rethinking the message, messaging, and audience. Paper presented as part of symposium (Pynoos, J. & Henke, M.) at Joint Conference of the American Society on Aging and the National Council on Aging annual conference, Chicago, IL, March 8.
- Rose, D.J. & Hernandez, D. (2007, June). An examination of the predictive properties of the Fullerton Advanced Balance (FAB) scale. Paper presented at the 54<sup>th</sup> annual meeting of the American College of Sports Medicine, New Orleans, LA, June 1.
- Rose, D.J. (2008, March). Advancing California's Fall Prevention Initiative. Paper presented as part of symposium (Alkema, G., Kullman, M., Liebig, P., Pynoos, J., Rubenstein, L.) at Aging in America annual conference of the National Council on Aging and the American Society on Aging, Washington, DC, March 26-30.
- Rose, D.J. and French, J. (2008). Taking it to the water: Balance training programs in aquatic environments can lower the risk factors for falls in high-risk older adults. Paper presented at the American College of Sports Medicine annual conference, Indianapolis, IN, May 30, 2008.
- Theou O, Hernandez, D., & Rose, D.J. (2008, July). An investigation of the discriminative validity of the 30-foot walk test as a function of age and gender. Paper presented at the 7<sup>th</sup> World Congress on Aging and Physical Activity, Tsukuba, Japan, July 28.
- Rose, D.J. & Hernandez, D. (2008, November). Predicting which older adults will or will not fall using a shorter 4-item version of the Fullerton Advanced Balance scale. Paper presented at 61<sup>st</sup> Annual Meeting of the Gerontological Society of America, National Harbor, MD, November 22.
- Nguyen, A.D., Rose, D.J., Rubenstein, L., Cicero, C., & Steinman, B. (2008, November). Choosing the right fall prevention program: One size does not suit all. Paper presented at 61<sup>st</sup> Annual Meeting of the Gerontological Society of America, National Harbor, MD, November 24.
- Hernandez, D., & Rose, D.J. (2008, November). Can a measure of lower body strength predict faller status in community-residing older adults? Paper presented at the 61<sup>st</sup> Annual Meeting of the Gerontological Society of America, National Harbor, MD, November 24.
- Hernandez, D., Rose, D.J., Guimaraes, C., Rutledge, D., & Jones, C.J. (2009, June). Multiple dimensions of balance are adversely affected in older adults with Fibromyalgia. Paper presented at the International Society of Posture and Gait Research (ISPGR) conference, Bologna, ITA, June 21-25.
- Rose, D.J., & Trueblood, P. (2009, July). Translating an evidence-based fall risk reduction intervention into an effective community-based program: Maintaining fidelity through instructor training. Paper presented at the 19<sup>th</sup> World Congress of Gerontology and Geriatrics, Paris, FRA, July 5-9.

## SCHOLARLY ACTIVITY

### Scientific Presentations (Peer Reviewed)

- Rose, D.J., Marsh, K., & Dickin, C. (2009, November). Is the Sensory Organization test a reliable measure of central sensory function in adults with Fibromyalgia? Paper presented at the Gerontological Society of America Annual Conference, New Orleans, LA, date?
- Rose, D.J. (2010, March). Models for teaching about evidence-based health promotion and disease prevention. Paper presented as part of symposium (Altpeter, M., & Franks, J) at Aging in America Annual Conference, Chicago, IL, March 17.
- Rose, D.J. (2010, March). Change across communities: Moving fall prevention forward. Paper presented as part of symposium (Beattie, B.L., Hansen, J.C., Kullman, M., & Nabors, E.) at Aging in America Annual Conference, Chicago, IL, March 18.
- Klein, P.J., Fiedler, R., & Rose, D.J. (2010, June). Psychometric properties of the Fullerton Advanced Balance (FAB) scale. Paper presented at the American Physical Therapy Association Annual Meeting, Las Vegas, NV,
- Rose, D.J., & Hernandez, D. (2010, June). Identifying the multiple dimensions of balance that differentiate older adult fallers from non-fallers. Paper presented at the American College of Sports Medicine annual conference, Baltimore, MD, June 5.
- Pierron, K.M., Rubin, D., & Rose, D.J. (2010, October). The effect of physical activity on heart rate recovery in older adults: A pilot study. Paper presented at the Southwest Chapter of the American College of Sports Medicine annual conference, San Diego, CA,
- Rose, D.J. (2010, November). InSTEP (Increasing Stability through Evaluation and Practice): Testing program efficacy in two culturally diverse groups. Paper presented as part of symposium (J. Pynoos, Chair), Gerontological Society of America Annual Conference, New Orleans, LA, November 19-23.
- Rose, D.J., & Hernandez, D., & Guimaraes, C. (2010, November). An investigation of the discriminative validity of the Fullerton Advanced Balance scale as a function of age and functional status. Paper presented at the Gerontological Society of America annual conference, New Orleans, LA, November 22.
- Rose, D.J. (2011, April). Implementing and disseminating fall prevention programs. Paper presented as part of symposium titled "Making Strides: New Initiatives to Reduce Falls among Older Adults" at Aging in America annual conference, San Francisco, CA, April 27.
- Rutledge, D. N., Martinez, A., Rose, D., Traska, T. K. (2011, April). Fall experiences in women with fibromyalgia. Poster presentation at Western Institute of Nursing 44<sup>th</sup> Annual Communicating Nursing Research Conference. Las Vegas NV.

## SCHOLARLY ACTIVITY

### **Scientific Presentations (Peer Reviewed)**

Schlieter, K.A., Rose, D.J., Wiersma, L.D., & Becker, A.J. (2011, June). Does training on use of the Fullerton Advanced Balance (FAB) scale improve test administration accuracy and reliability? Paper presented at the American Academy of Sports Medicine Annual Conference, Denver, CO, May 31- June 4.

White, E., Schroeder, L., Wright, P., Rubin, D., Rose, D.J., & Wiersma, L. (2011, November). Reliability of the Bruininks-Oseretsky test of motor proficiency in children and adolescents with Prader-Willi syndrome. Paper presented at the Southwest Chapter of the American College of Sports Medicine annual meeting, Reno, NV, November, 3.

Rose, D.J. (2011, November). Rose, D.J. Lessons from the California Fall Prevention Center of Excellence (FPCE). Paper presented as part of a symposium (J. Pynoos, Chair), Gerontological Society of America Annual Conference, Boston, MA, November 21.

Rose, D.J., Mouttapa, M., Hummel, T., & Saborio, R. (2011, November). Efficacy of a fall prevention program delivered to monolingual Korean- and Spanish-speaking Seniors. Paper presented at the Gerontological Society of America annual conference, Boston, MA, November, 21.

White, E., Schroeder, L., Wright, P., Rubin, D., Rose, D.J., & Wiersma, L. (2012, June). Reliability of the Bruininks-Oseretsky test of motor proficiency in children and adolescents with Prader-Willi Syndrome. Paper presented at the American College of Sports Medicine Annual Meeting, San Francisco, CA, May 29- June 2.

### **Professional Presentations (Non-Peer Reviewed)**

Rose, D.J. (1986, October). The demise of creativity in the physical education curriculum. Paper presented at the Oregon Alliance for Health, Physical Education, Recreation and Dance (OAHPERD) state conference, Oregon State University, OR.

Rose, D.J. (1988, October). The contribution of fundamental motor skills to the acquisition of complex sport skills. Paper presented at the Oregon Alliance for Health, Physical Education, Recreation and Dance state conference, Portland Community College, Beaverton, OR.

Rose, D.J. (1989, February). The role of physical education in the cognitive development of the child. Paper presented at a faculty, parent colloquium, Lincoln Elementary School, Corvallis, OR.

Rose, D.J. (1989, February). The psychosocial and moral development of children through youth sports participation. Paper presented as a member of a panel at the Willamette Dietetic Association meeting, Corvallis, OR.

## SCHOLARLY ACTIVITY

### Professional Presentations (Non-Peer Reviewed)

- Rose, D.J.(1990, October). Developing a curriculum that maximizes the transfer of learning. Paper presented at the Oregon Alliance for Health, Physical Education, Recreation and Dance State Conference, Oregon State University, OR.
- Rose, D.J. (1991, June). Developing sport-related knowledge base in children. Paper presented at "Organized sport for youth: Its Virtues and Vices symposium, Oregon State University, Corvallis, OR.
- Rose, D.J. (1993, October). Does a perfect model lead to perfect learning? Paper presented at the Oregon Alliance for Health, Physical Education, Recreation and Dance State Conference, Salem, OR.
- Rose, D.J. (1995, March). Staying on top of the mobility spiral. L.C. Stuhr Senior Recreation Center, Beaverton, OR.
- Rose, D.J. (1996, November). Sensory and motor contributions to postural instability among older adults. Paper presented at the Physical Activity and Aging Forum, Oregon State University, Corvallis, OR.
- Rose, D.J. (1997, November). Fall risk reduction and rehabilitation in the elderly. Paper presented at the Preventive Health care for the Aging regional meeting, Buena Park, CA.
- Rose, D.J. (1998, May). The diagnosis and treatment of balance disorders in the elderly. PACE program, Placentia, CA.
- Rose, D.J. (1998, May). "Exercise and fall prevention: The Ruby Gerontology Center balance and mobility training program." Walnut Manor Residential Care Facility, Anaheim, CA. (Co-presenter: Dr. Gordon Glasgow, M.D.).
- Rose, D.J. (1998, June). The Development of a Geriatric Assessment and Training Center. Presentation to the Board of Directors, Heritage Pointe, Mission Viejo, CA.
- McLaughlin, M. and Rose, D.J. (Faculty Mentor) (1999, January). The Lifespan Wellness Clinic: Promoting Health, Vitality, and Well-Being in the Golden Years. Poster Presentation at State Capitol Building for Members of the California Legislature.
- Rose, D.J. (1999, April). Ruby Gerontology Center Balance and Mobility Training Program. Paper presented to Parkinson's Disease Support Group, Newport Beach, CA.
- Rose, D.J. (1999, May). The Need for Balance and Mobility Training for Persons with Diabetes. Paper presented to Diabetes Support Group. Costa Mesa, CA.

## SCHOLARLY ACTIVITY

### **Professional Presentations (Non-Peer Reviewed)**

Rose, D.J. and Jones, C.J. (1999, July). The Development of a Wellness Center at Costa Mesa Senior Center. Invited presentation to Board of Directors, Costa Mesa Senior Center, CA.

Rose, D.J. (September, 2001). The Center for Successful Aging: Promoting the Health and Well-Being of Older Adults in Orange County. Invited presentation at Orange County Wellness Coalition meeting. Irvine, CA.

Rose, D.J. (August, 2011). Staying Upright: It's a Matter of Balance. Invited presentation at St. Norbert's Parish Church, Orange, CA.

Rose, D.J. (February 10, 2012). Promoting Successful Aging Across the Continuum of Function: The Center for Successful Aging Model. Invited presentation to Senior Citizens Advisory Council, Cypress Community Center, Cypress, CA.

Rose, D.J. and White, E. (December, 2012). Stay Well At Home: A Multifactorial Fall Risk Reduction Program. Invited presentation at International Council on Active Aging annual conference, New Orleans, LA.

### **Professional Honors/Awards**

Outstanding Research Writing Award, 1986 (with R.W. Christina); Research Consortium for the American Alliance for Health, Physical Education, Recreation and Dance. Article published in Research Quarterly for Exercise and Sport, 1985, Volume 56, No. 4, 307-315.

Outstanding Research Writing Award, 1993. (with M.R. Weiss & V. Ebbeck); Research Consortium for the American Alliance for Health, Physical Education, Recreation and Dance. Article published in Research Quarterly for Exercise and Sport, 1992, Volume 63, No. 3, 292-301.

Awarded Fellow status in the Research Consortium of the American Alliance for Health, Physical Education, Recreation and Dance, 1991.

L. L. Stewart Faculty Development Award (1995). Oregon State University.

Outstanding Sportswoman of the Year (1995). Presented by the Columbia Girls Scout Council, WA.

"Top Prof" Awards (1995; 1997). Presented by Mortar Board Honor Society. Oregon State University Chapter.

## SCHOLARLY ACTIVITY

### **Professional Honors/Awards**

Carl. L. Anderson Outstanding Faculty Award (1995). College of Health and Human Performance, Oregon State University.

Inducted into Oregon State University Chapter of Phi Kappa Phi Honor Society, May, 1996.

2000-2001 Outstanding Faculty Recognition Award for Scholarship and Creative Activity. California State University, Fullerton. (Award received in three categories of scholarship: Peer-reviewed Journal Articles; Seminal Books and Monographs; External Grants)

Appointed to Advisory Board of the International Council on Active Aging, March, 2001.

2002-2003 Outstanding Faculty Recognition Award for Service to Community. California State University, Fullerton.

Inducted as Fellow into American Academy of Kinesiology and Physical Education (AAKPE), September, 2003.

Chair, External Review Committee (Alan Jette, PhD; Dianne Ward, PhD), Curriculum in Human Movement Science, University of North Carolina at Chapel Hill, 2004.

Appointed to steering committee to develop National Summit and Blueprint to prevent falls among elderly. National Council on the Aging; National Home Safety Council, 2004.

Outstanding Faculty Scholar Award (2004-2005). College of Human Development and Community Service, California State University, Fullerton.

Outstanding Faculty Recognition Award for Service to Community. California State University, Fullerton (2005-2006).

Best Practice Program Award for Fallproof balance and mobility program, Health Promotion Institute, National Council on the Aging, April, 2006.

Program of the Year Award, Center for Successful Aging with special recognition of the Fallproof Balance and Mobility Program. Presented to D. Rose and C. Jessie Jones at 12<sup>th</sup> Annual Sage Awards dinner hosted by 50+ Housing Council of the Building Industry Association of Southern California

Outstanding Research and Service Award, Erickson Foundation, June, 2006.

Molly Mettler award for Research and Leadership in Health Promotion. Awarded by National Council on Aging, Chicago, IL., 2007.

## SCHOLARLY ACTIVITY

### **Professional Honors/Awards**

Best Practice Award in Fall Prevention. Awarded by Veteran's Administration, Clearwater Beach, Florida, 2008.

Appointment as adjunct Professor in Leonard Davis School of Gerontology, University of Southern California, Los Angeles, CA, 2009.

Appointed to OASIS Institute Research Group, June, 2009.

Appointed to Exercise and Rehabilitation Advisory Council, National Osteoporosis Foundation, October, 2011.

Herbert deVries Research Award for Distinguished Research on Aging. Awarded by the Council on Aging and Adult Development, American Association for Physical Activity and Recreation, 2013.

### **Professional Offices**

- |              |   |
|--------------|---|
| 1994-1995    | Member of the Board and Chair of the College Division, Oregon Association of Physical Education (OAPE).   |
| 1995-1998    | Section Editor, Motor Control/Learning section of the Research Quarterly for Exercise and Sport.  |
| 1999-2001    | Publications Director and Member of Executive Board, North American Society for the Psychology of Sport and Physical Activity (NASPSPA).  |
| 2003-present | Member of Advisory Board. Journal of Measurement in Kinesiology and Physical Education.   |
| 2003-2005    | Co-Editor-In-Chief, Journal of Aging and Physical Activity.   |
| 2004-2005    | Program Committee Chair for Motor Control and Learning Section of North American Society for the Psychology of Sport and Physical Activity annual conference, St. Petersburg, FL. June, 2005. |
| 2006-2007    | Editor-In-Chief, Journal of Aging and Physical Activity.  |
| 2005-2008    | Co-Chair, Aging Interest Group, American College of Sports Medicine.  |
| 2010-2012    | Member of Executive Board (Secretary-Treasurer), National Academy of Kinesiology.   |

## SCHOLARLY ACTIVITY

### **Professional Affiliations**

American College of Sports Medicine (ACSM)  
Gerontological Society of America (GSA).  
International Council on Active Aging (ICAA)  
International Society of Aging and Physical Activity (ISAPA)